



# **HEALTH AND ENVIRONMENT PROGRAMS AROUND THE CHERNOBYL EXCLUSION AREA.**

**DEVELOPMENT, TRAINING AND COORDINATION  
OF HEALTH PROJECTS FOR THE PROTECTION OF  
PERSONS RESIDING AROUND THE CHERNOBYL  
EXCLUSION AREA. (2013-2017).**

*Led by Professor Yury Bandazhevsky*

*Speakers:*

*Professor Yu. Bandazhevsky*

*Associate Professor N. Dubovaya*

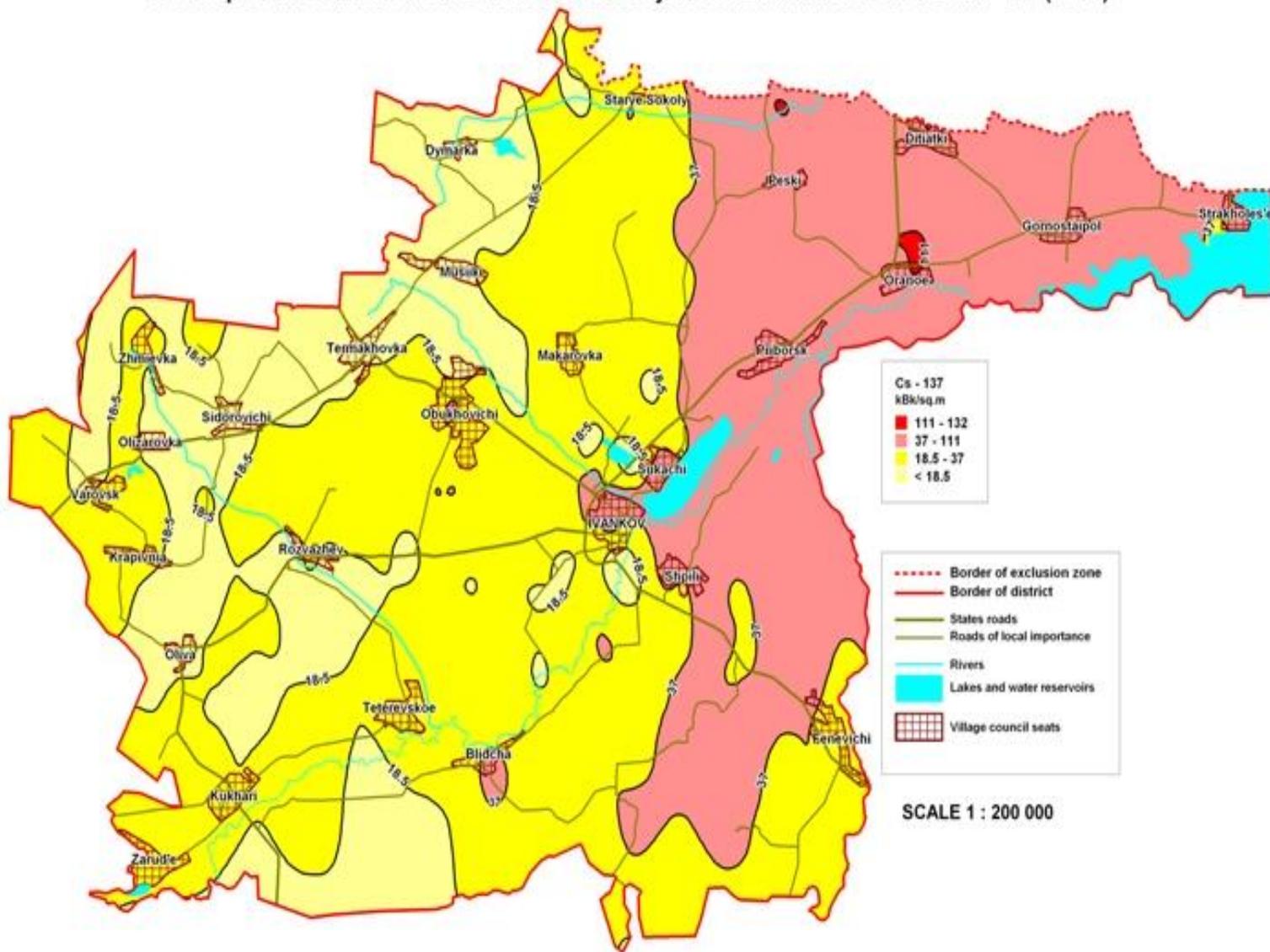
<https://chernobyl-health.org>

# **RADIATION MONITORING**

# IVANKOV DISTRICT

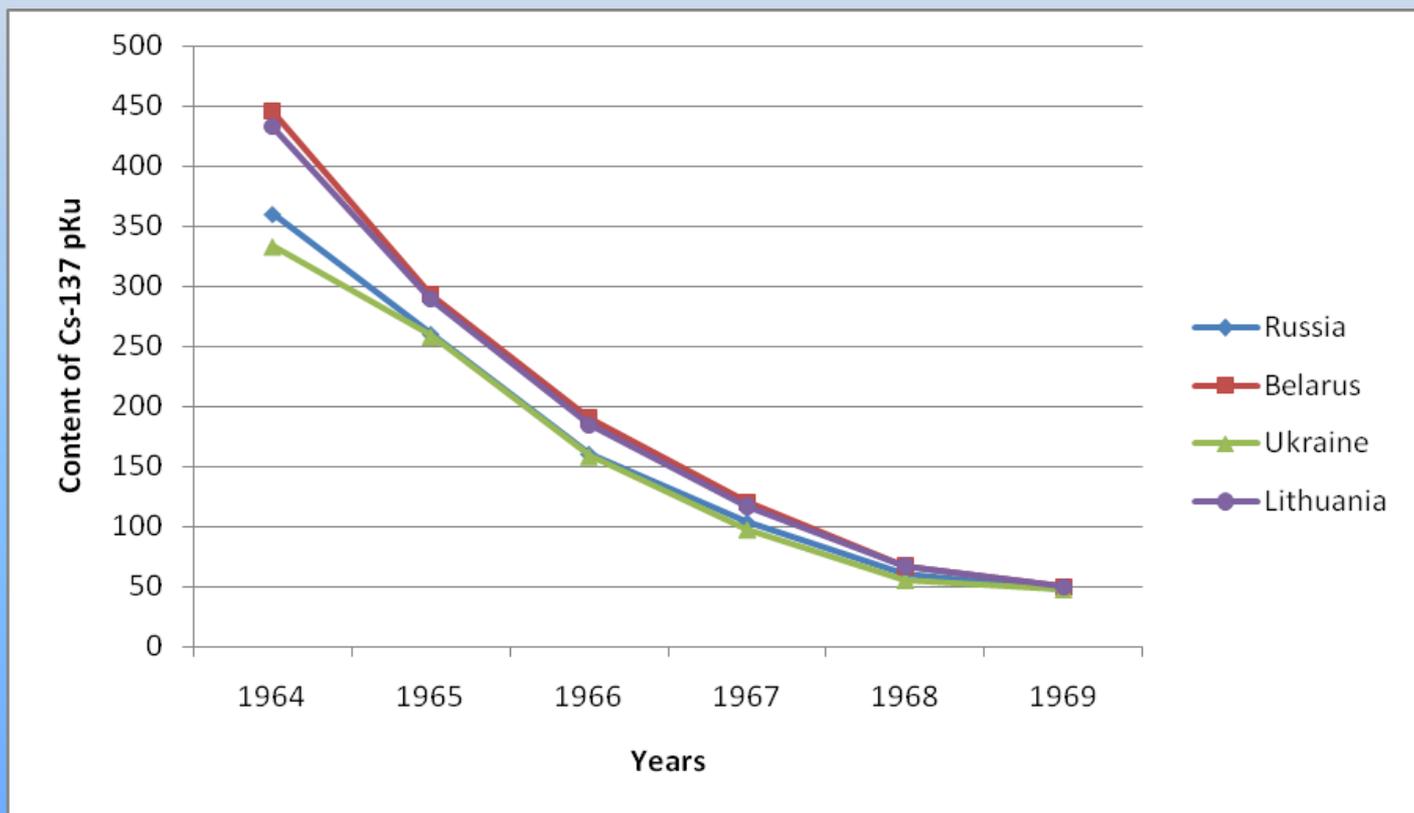
«Development, training and coordination of health-related projects»

The map of the Ivankov district terrestrial density of contamination with cesium-137 (2014)





Starting with the sixties there has been a great number of Cs-137 radionuclides contents in foodstuffs consumed by the inhabitants of mentioned states within many years. (Marey A.N. and co-authors, 1974. Rusyayev A.P. and co-authors, 1974. Ternov V.I., Gurskaya N.V., 1974).

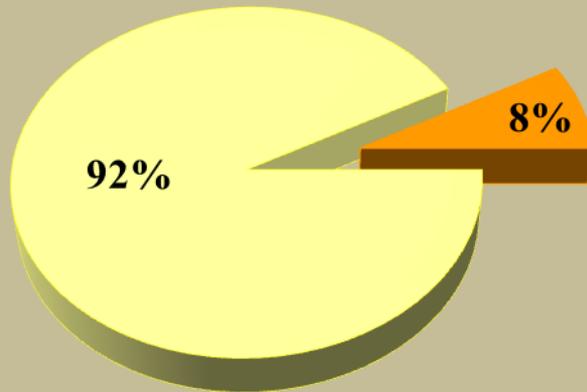


Cs-137 contents in villagers' daily food allowance in pCi (Marey A.N. and co-authors, 1974).



# $^{137}\text{Cs}$ CONTENT IN CHILDREN'S BODIES

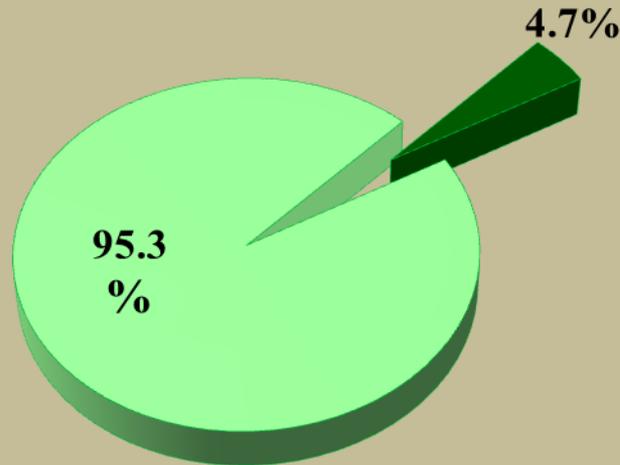
Radiometric examination  
2014-2015 (n=3962)



less 5.0 Bq/kg  
more or equal 5.0 Bq/kg

[1.98 – 307.29 Bq/kg]

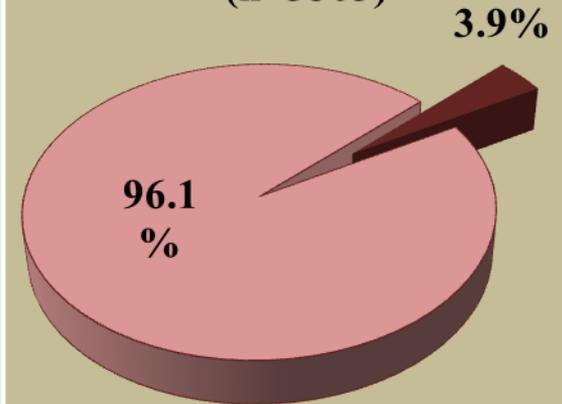
Radiometric examination  
2015-2016 (n=3626)



less 5.0 Bq/kg  
more or equal 5.0 Bq/kg

[1.93 – 118.51 Bq/kg]

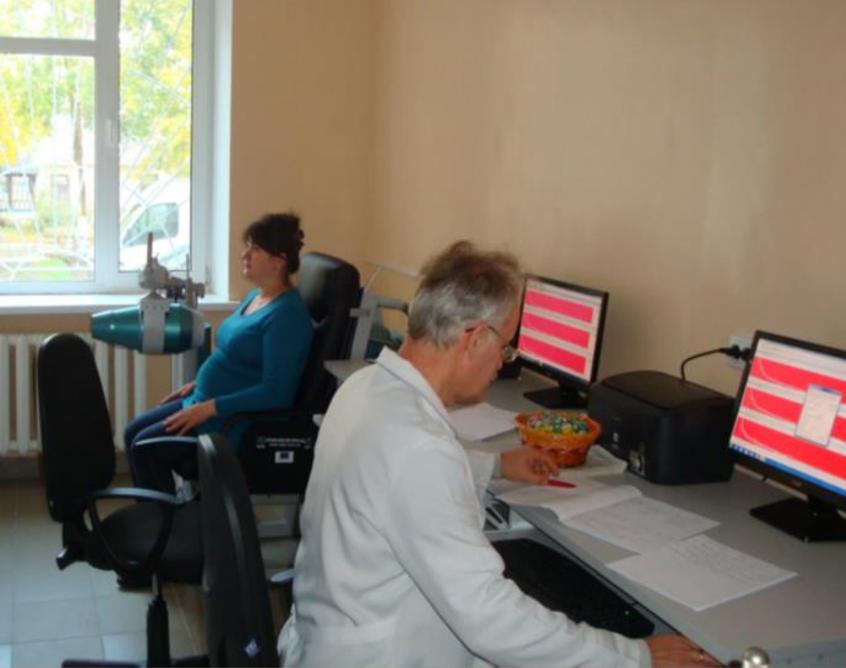
Radiometric  
examination 2016-2017  
(n=3503)



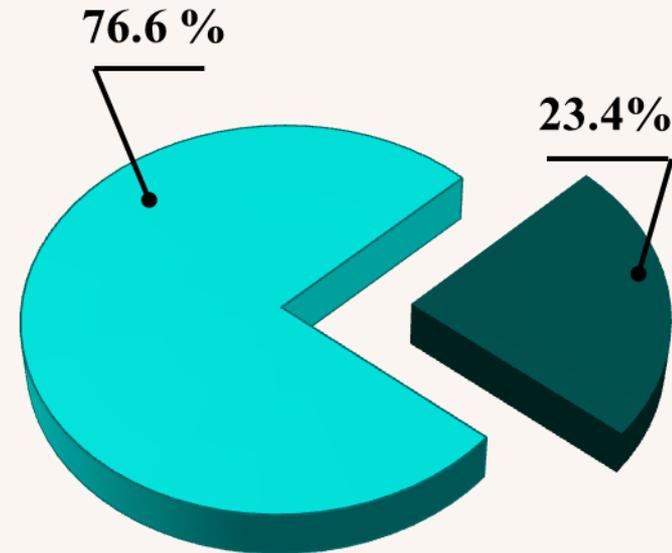
less 5.0 Bq/kg  
more or equal 5.0 Bq/kg

[1.91 – 111.48 Bq/kg]

# SPECIFIC ACTIVITY $^{137}\text{Cs}$ IN THE CHILD'S BODY

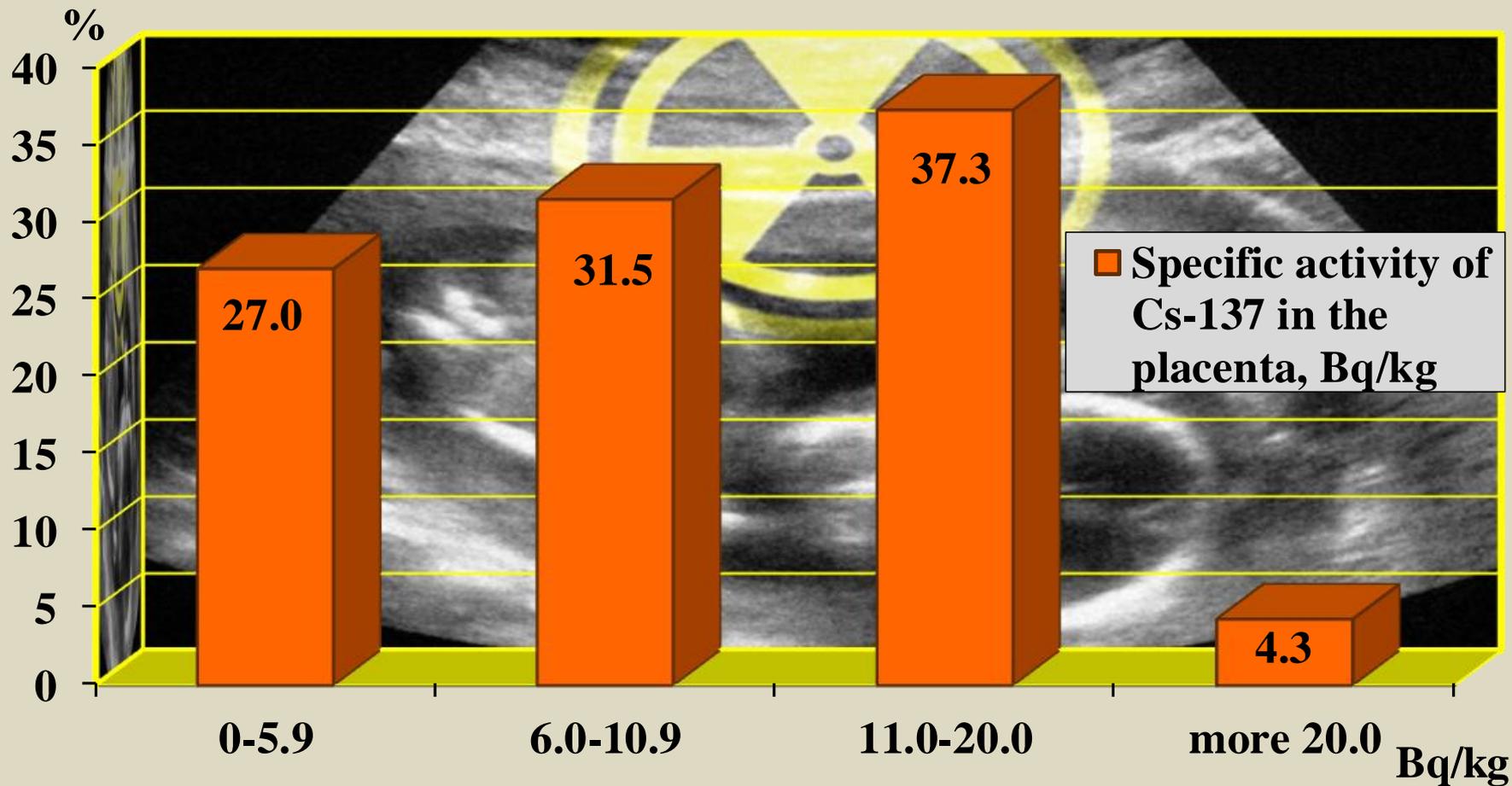


All children

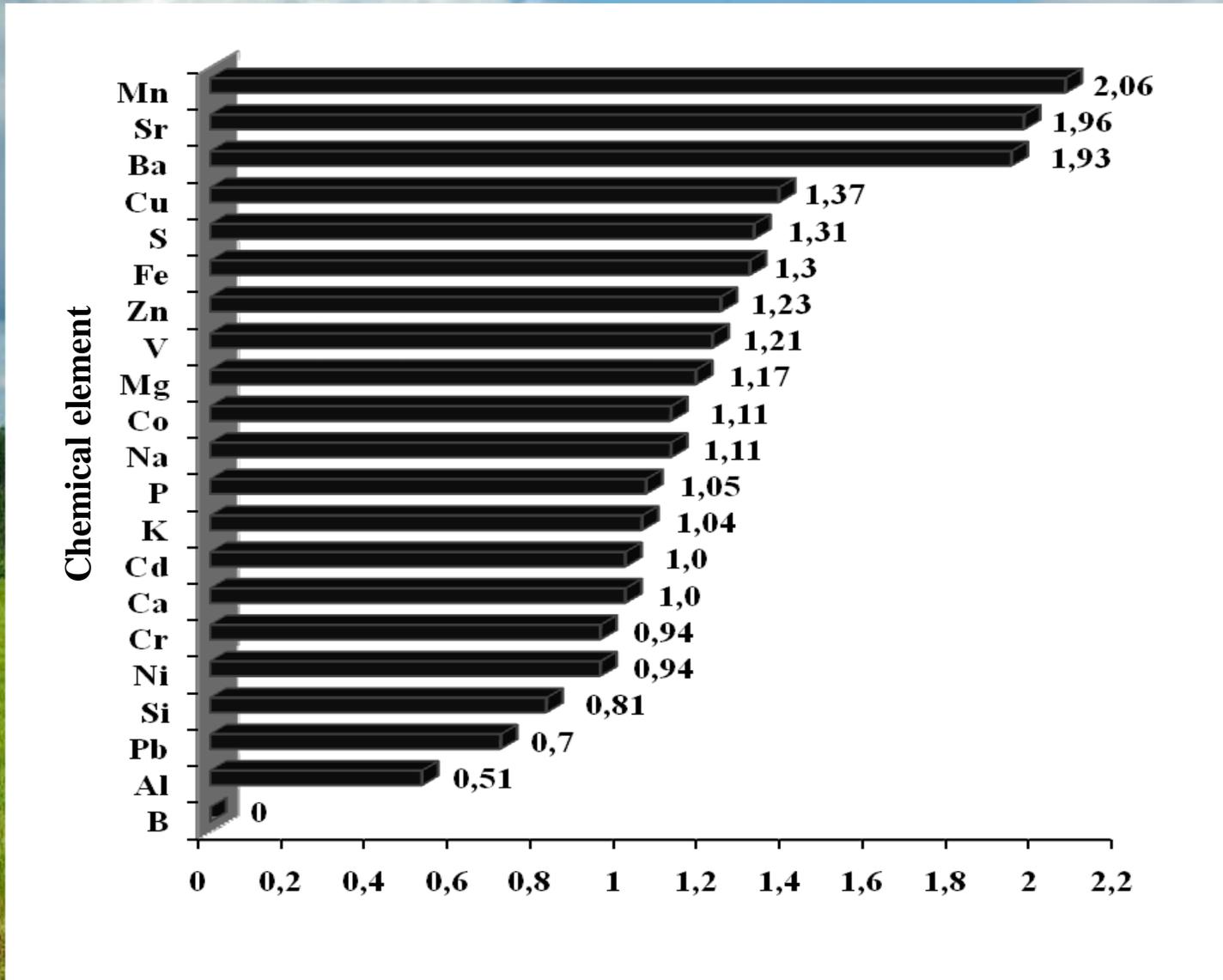


- % of children with the level of  $^{137}\text{Cs}$  below 5.0 Bq/kg in the body
- % of children with the level of  $^{137}\text{Cs}$  [6.08-307.2] Bq/kg in the body

# CONTENT Cs-137 IN THE PLACENTA OF IVANKOV'S DISTRICT WOMEN WHICH HAS GIVEN BIRTH CHILDREN PER 2015-2017, (n = 400)



# CORRELATION OF CHEMICAL ELEMENTS IN OAT GRAIN (SAMPLE № 1 / SAMPLE № 2)



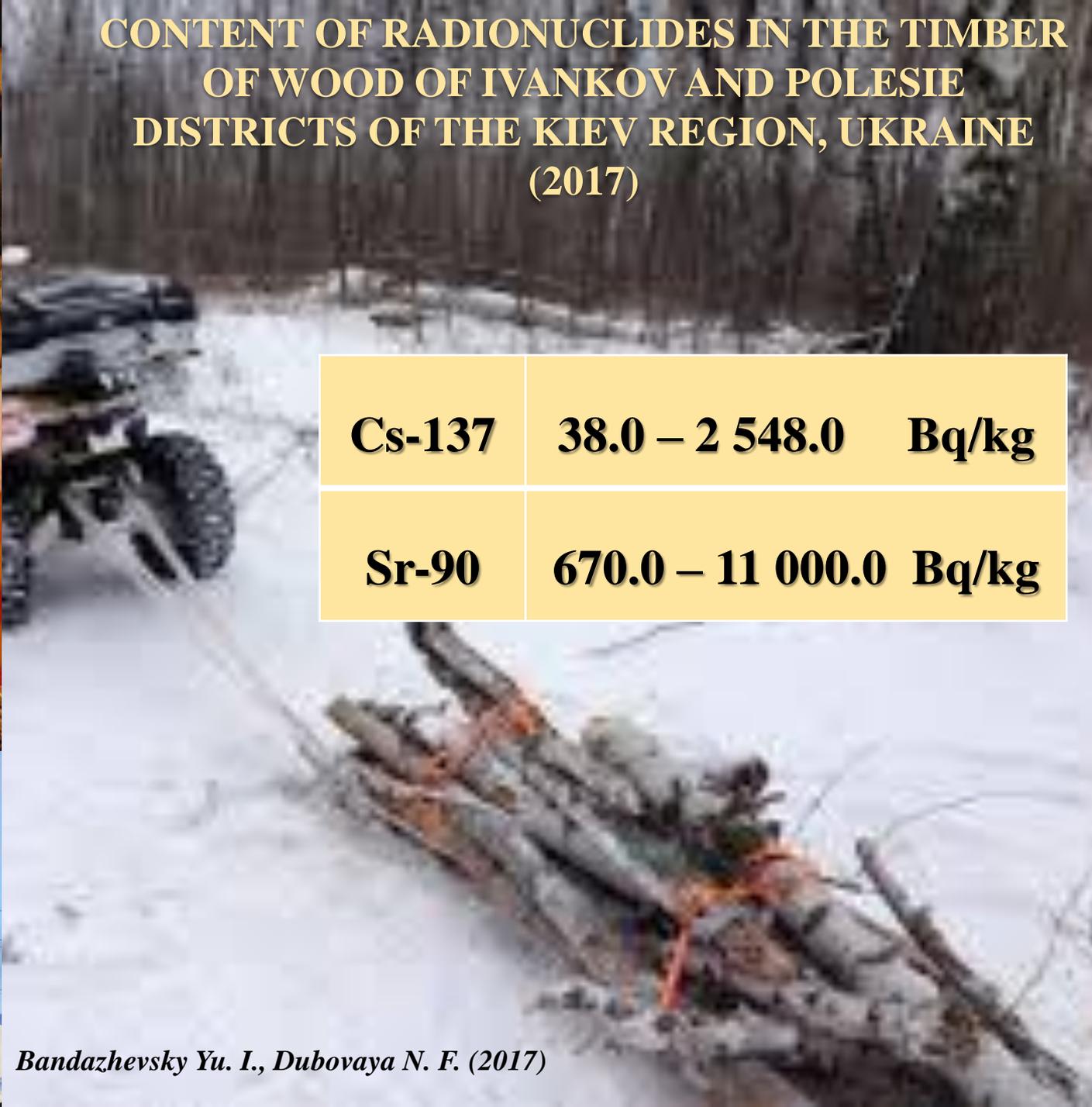
*Bandazheuski Yu.I. Teratogenicity of oats grown in an area affected by the Chernobyl nuclear power plant accident /*

*Yu. I. Bandazheuski, N.F. Dubovaya, V.V. Schwartzau, I.P. Kozyarin // Pediatrics. Eastern Europe. – 2014. - № 3(07). - C. 40-45.*

# Removal of timber from the Exclusion Zone (Ivankov District)

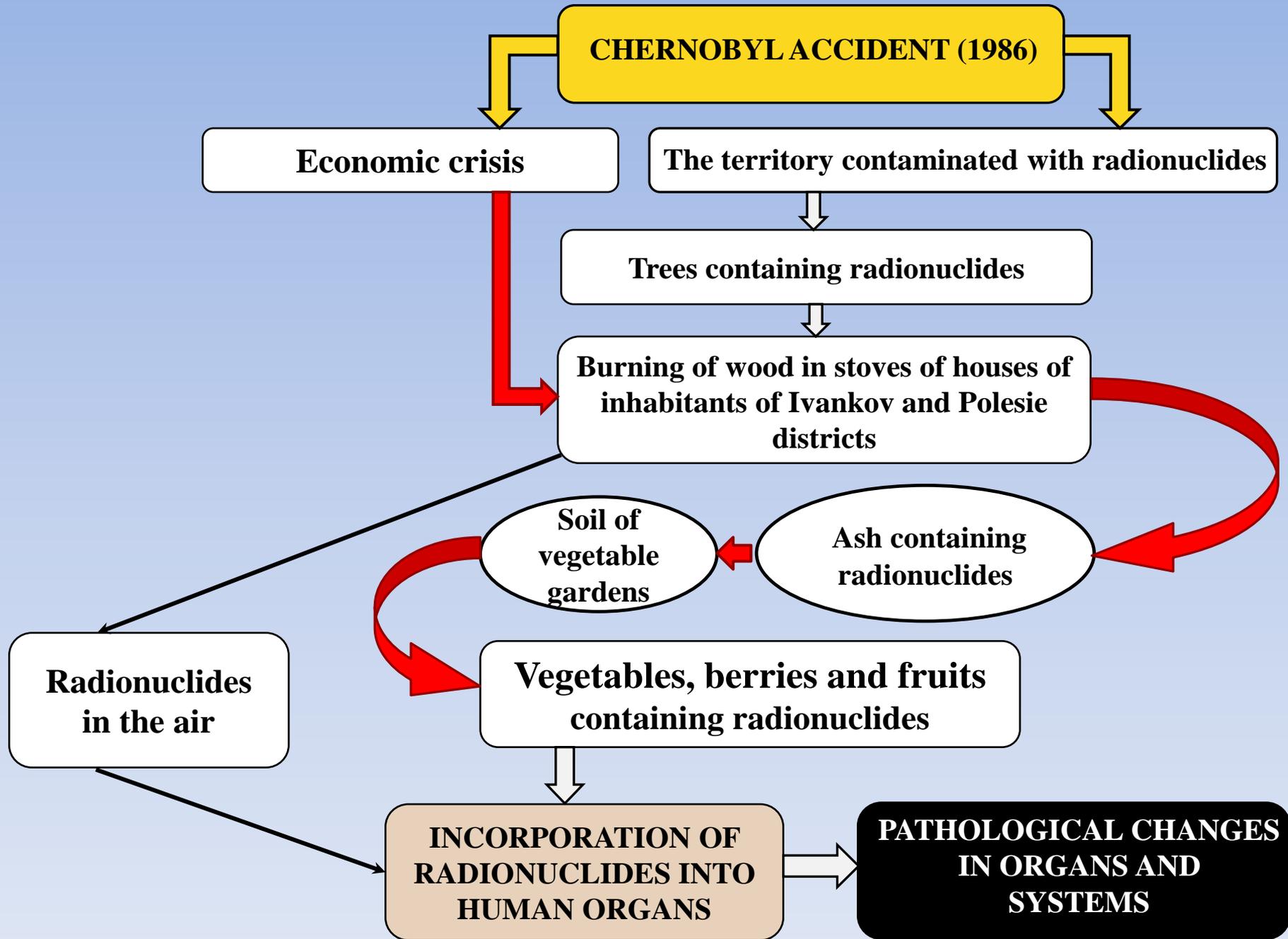


# CONTENT OF RADIONUCLIDES IN THE TIMBER OF WOOD OF IVANKOV AND POLESIE DISTRICTS OF THE KIEV REGION, UKRAINE (2017)



<b>Cs-137</b>	<b>38.0 – 2 548.0</b>	<b>Bq/kg</b>
<b>Sr-90</b>	<b>670.0 – 11 000.0</b>	<b>Bq/kg</b>

*Bandazhevsky Yu. I., Dubovaya N. F. (2017)*



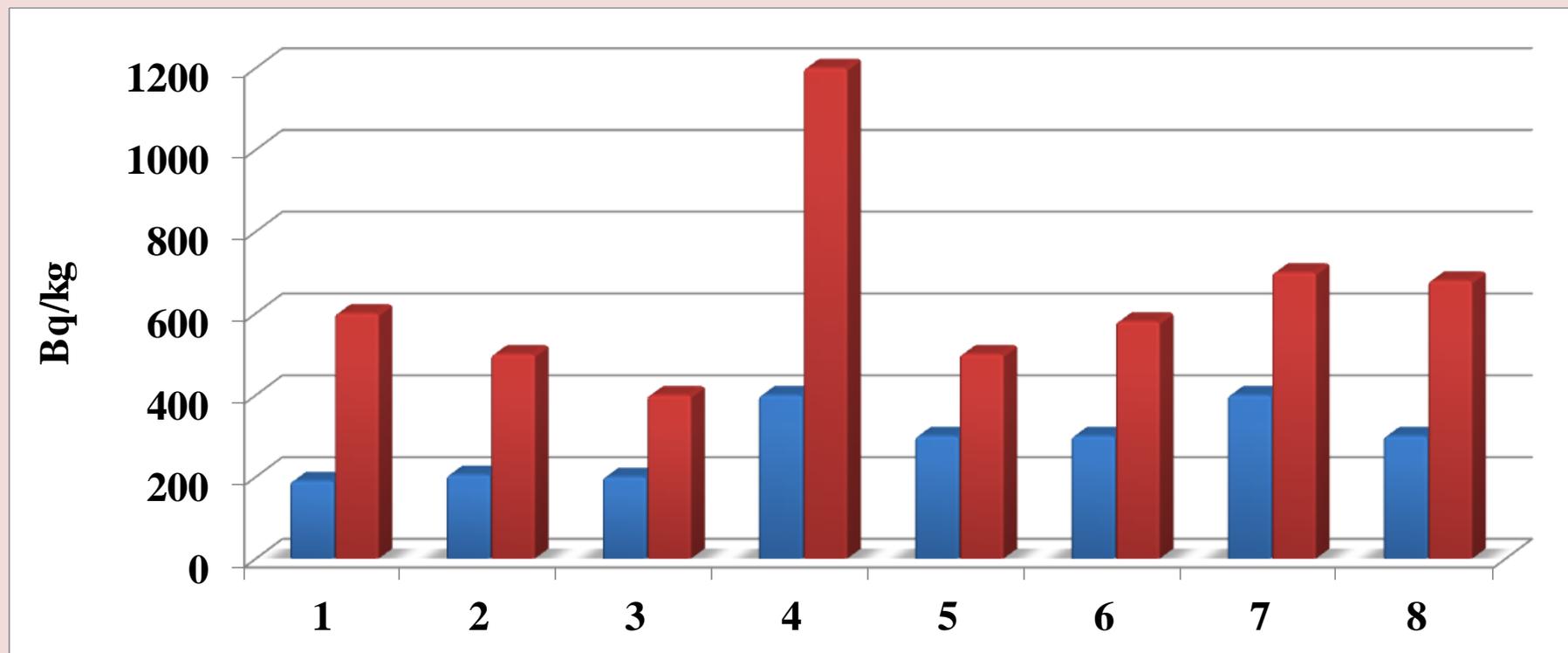
*Bandazhevsky Yu. I., Dubovaya N. F. (2017)*

# THE HEALTH OF CHILDREN

# NUMBER OF CHILDREN AND PREGNANT WOMEN SURVEYED DURING THE PROJECT

<b>MONITORING</b>	<b>EXAMINED OF CHILDREN</b>	<b>EXAMINED OF PREGNANT WOMAN</b>
<b>THE FIRST YEAR</b>	<b>3812</b>	<b>188</b>
<b>THE SECOND YEAR</b>	<b>3500</b>	<b>262</b>
<b>THE THIRD YEAR</b>	<b>3350</b>	<b>189</b>

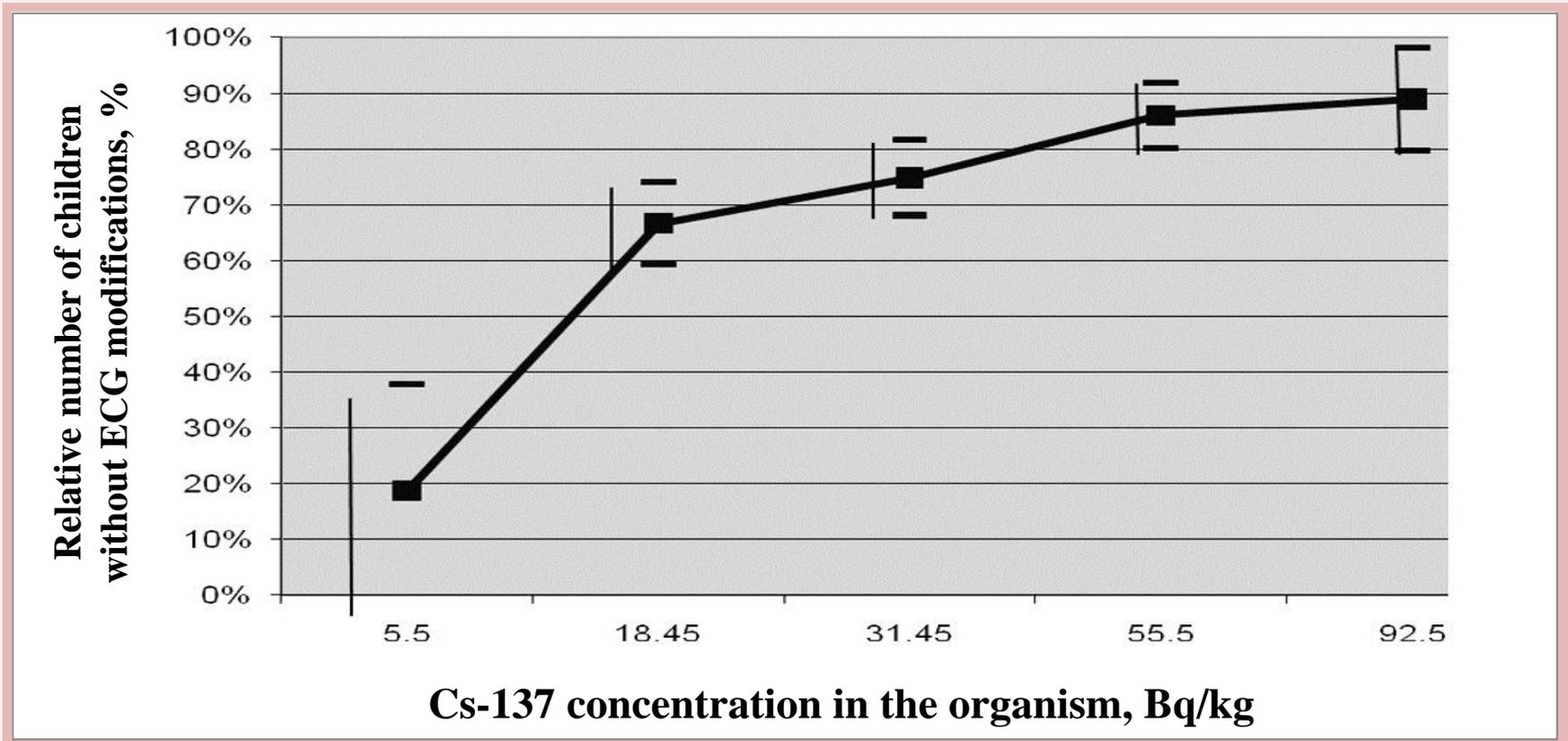
**Cs-137** radionuclides under conditions of permanent chronic intake by people with food are accumulated in vitally important organs: thyroid gland, heart, kidneys, spleen, cerebrum, and degree of expressiveness of incorporation is various.



**1 – myocardium, 2 – brain, 3 – liver, 4 – thyroid gland,  
5 – kidneys, 6 – spleen, 7 – skeletal muscles, 8 – small intestine.**

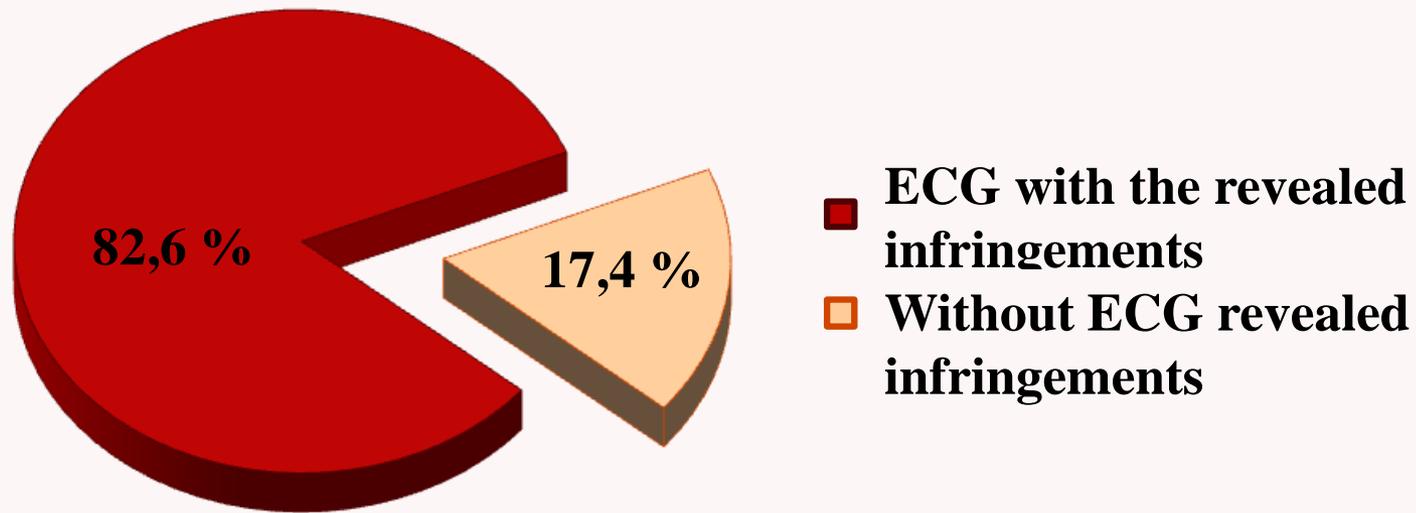
Cs-137 contents in adults' and children's viscera according to the data of radiometric measurements of the autopsies of inhabitants of Gomel region in 1997 and 1998  
*(Yu. I. Bandazhevsky, 1999, 2003).*

# NOMBRE D'ENFANTS SANS MODIFICATIONS DE L'ECG, FONCTION DU NIVEAU DE CONCENTRATION DU CS-137 DANS L'ORGANISME<sup>1</sup>

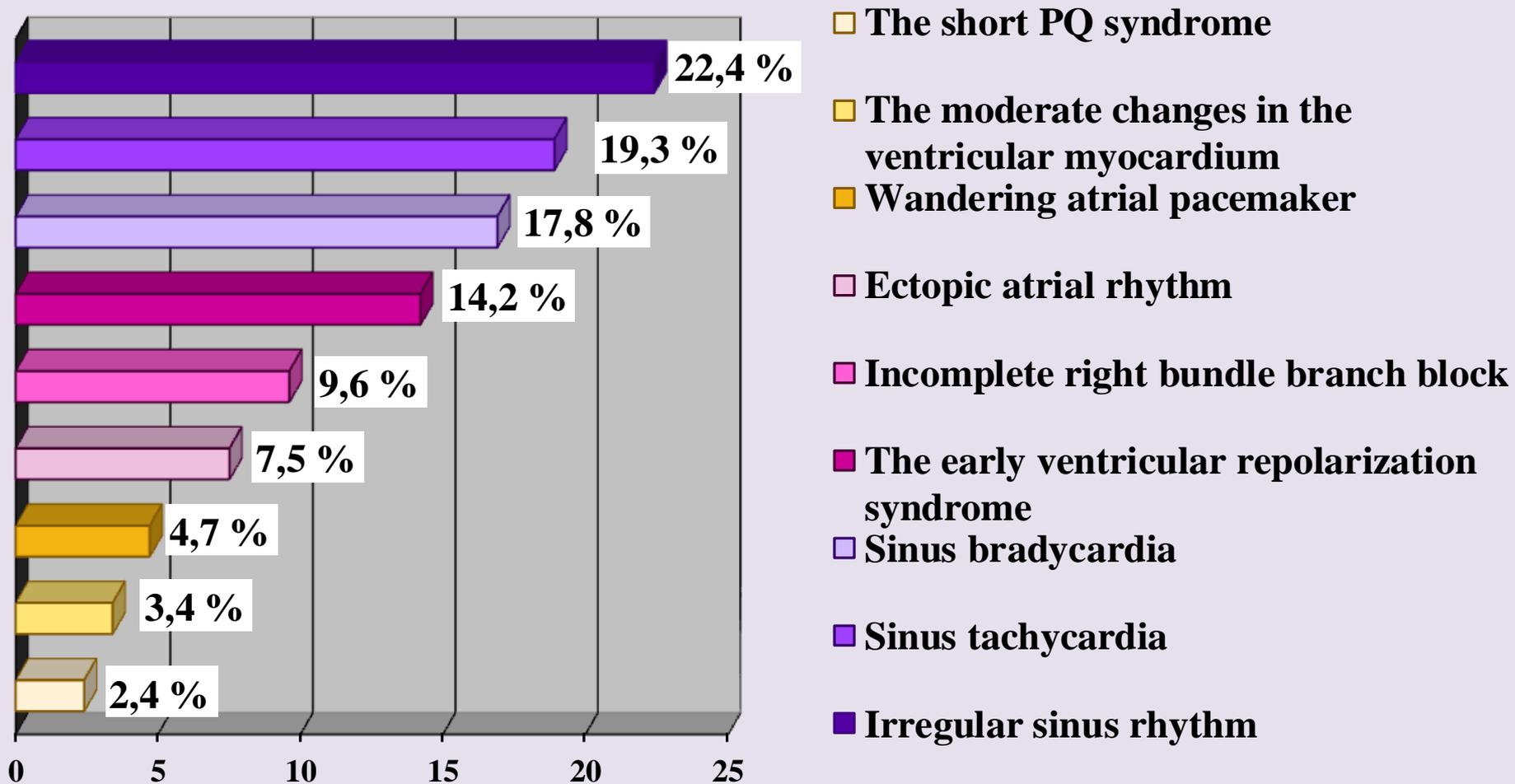


<sup>1</sup>*Bandazhevsky Y., Bandazhevskaya G., 1995, 2003, 2009, 2011, 2012.*

# **DISTRIBUTION OF ADOLESCENTS WITH IDENTIFIED DISORDERS OF THE CARDIOVASCULAR SYSTEM AS A RESULT OF THE ECG DIAGNOSIS (POLESIE AND IVANKOV DISTRICTS OF KYIV REGION), %**

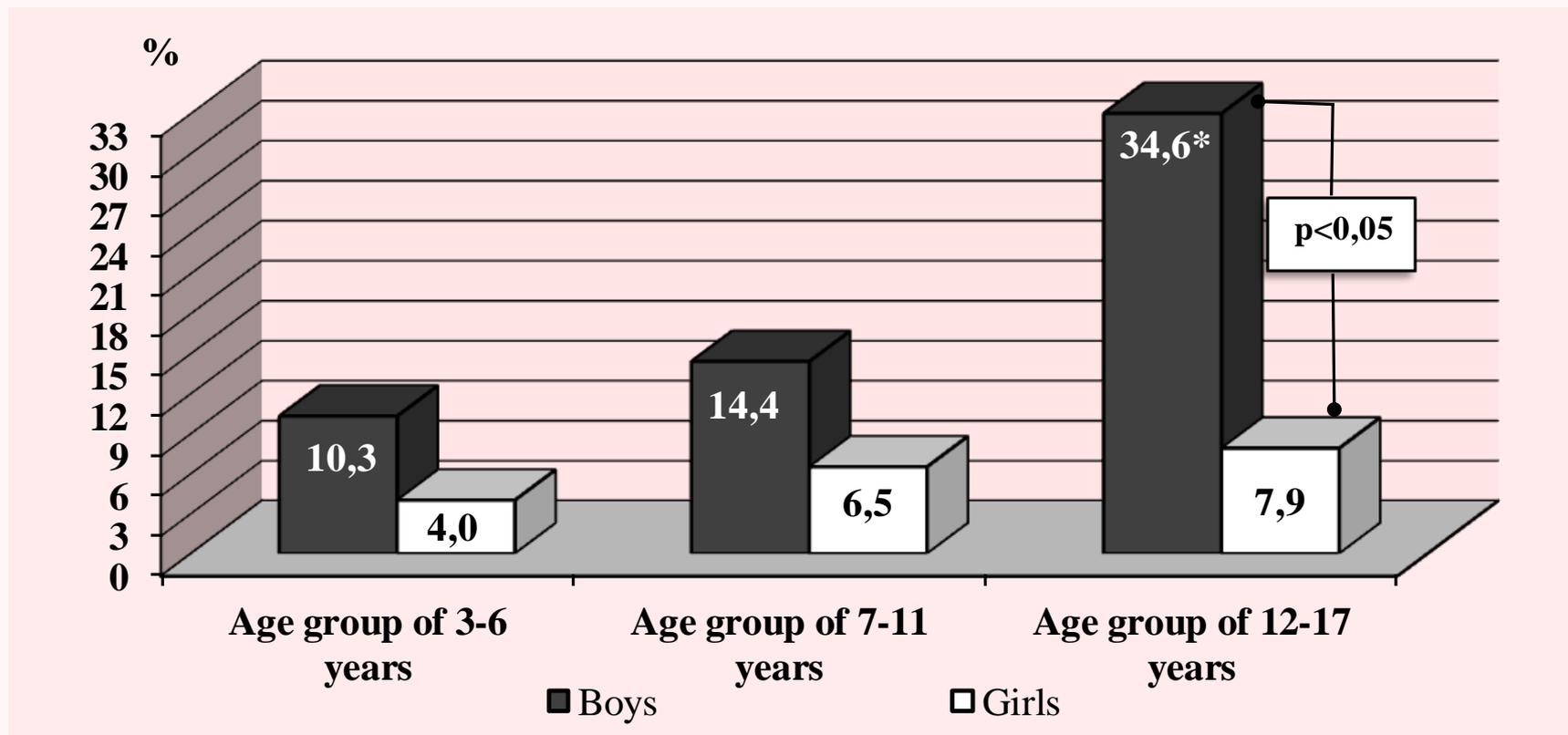


## THE STRUCTURE OF CARDIAC DISORDERS IN EXAMINED CHILDREN FROM POLESIE AND IVANKOV DISTRICTS, %



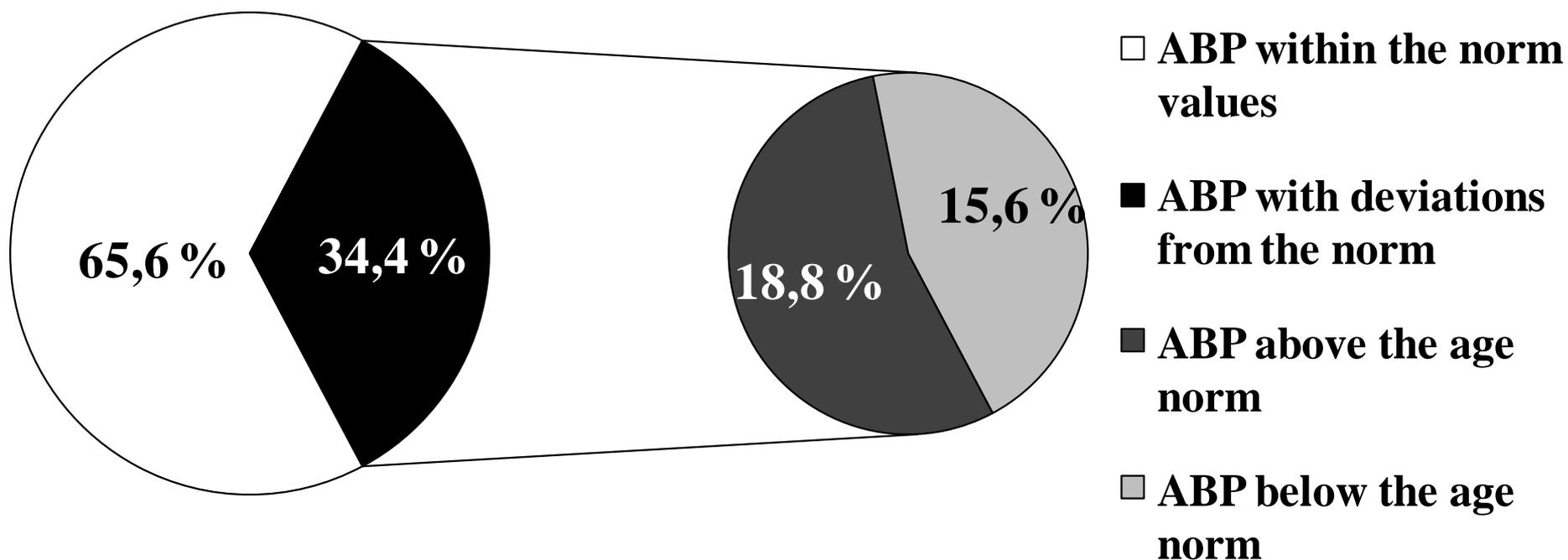
*Bandazhevsky Yu.I. Assessment of the cardiovascular system in children from Polesie and Ivankov districts / Yu.I. Bandazhevsky, N.F. Dubovaya, G.S. Bandazhevskaya et al. // Scientific and practical collection «Chernobyl: ecology and health» / General addition by prof. Yu.I. Bandazhevsky. – Ivankov: PI Coordination and Analytical Center «Ecology and health», - Dnipropetrovsk: Serednyak T.K., 2015. - Issue 2. – P. 22-35.*

## THE SEX AND AGE DISTRIBUTION OF EXAMINED CHILDREN FROM POLESIE AND IVANKOV DISTRICTS WITH DIAGNOSED EVRS (IN % TO THE NUMBER OF CHILDREN IN THE RELEVANT AGE GROUPS).

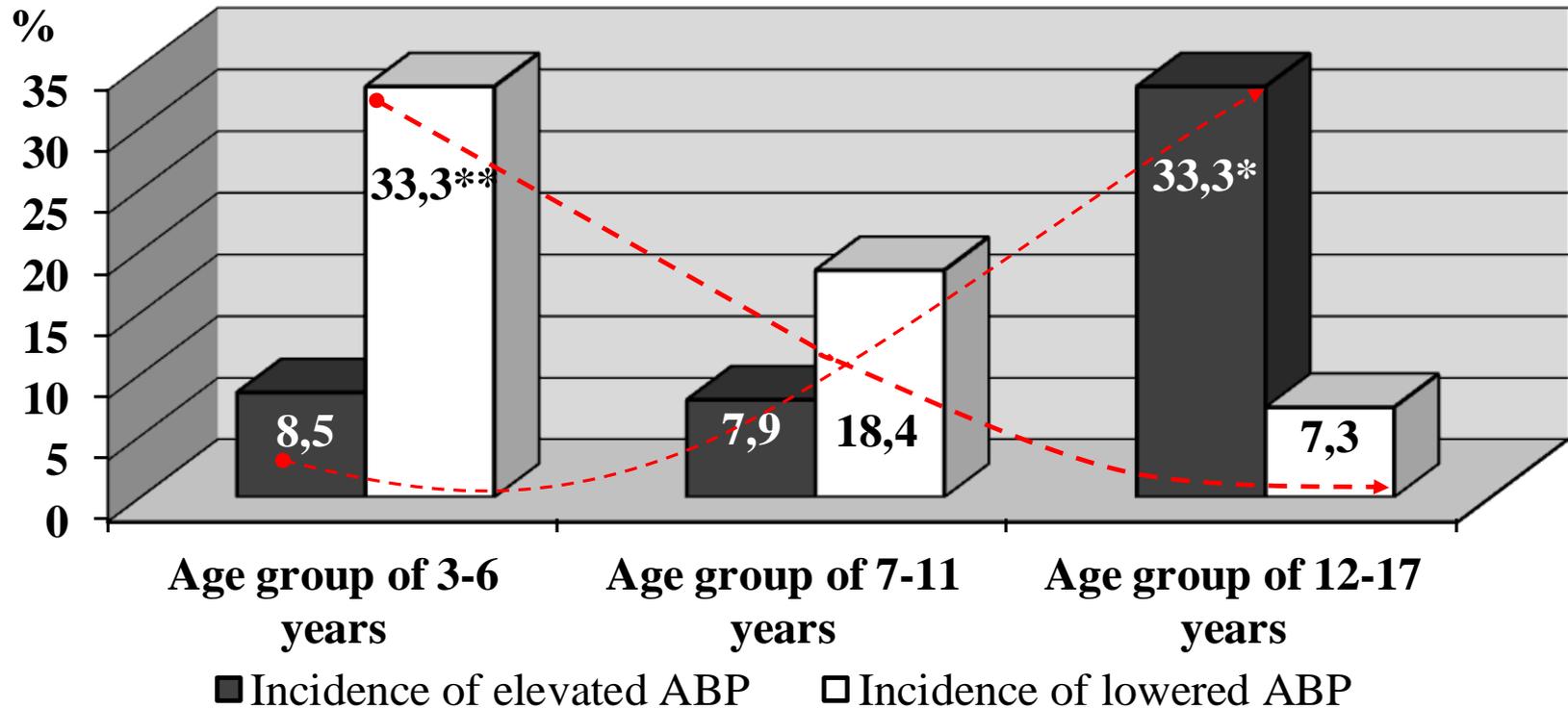


Note: \* -  $p < 0,05$  compared with the age group of 3-6 years.

# DISTRIBUTION OF THE EXAMINED CHILDREN FROM IVANKOV AND POLESIE DISTRICTS BY ABP LEVELS, %



# THE AGE DISTRIBUTION OF EXAMINED CHILDREN WITH ELEVATED AND LOWERED ARTERIAL BLOOD PRESSURE (IN % OF THE TOTAL NUMBER OF CHILDREN IN THE AGE GROUP)



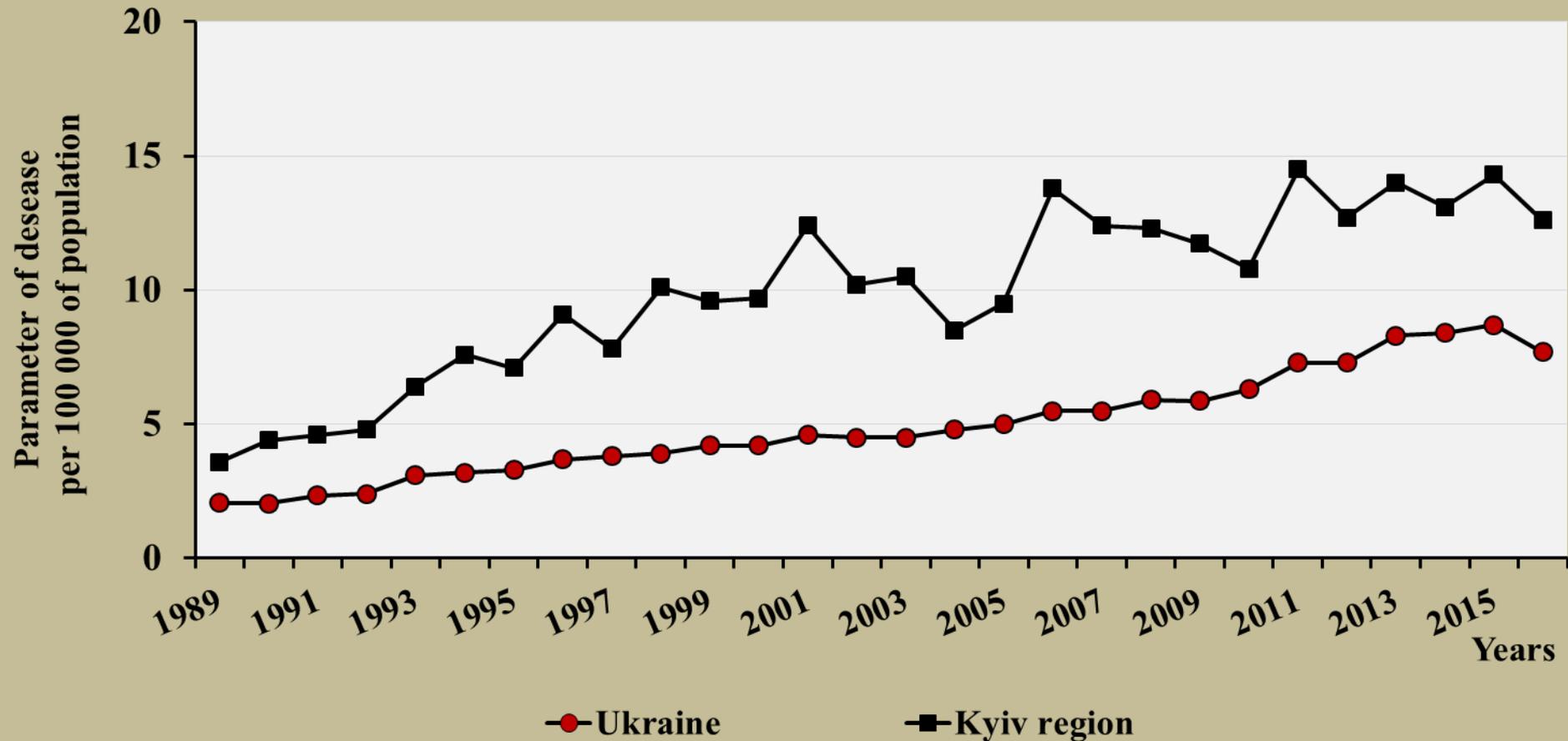
Note: \* -  $p < 0,05$  compared with the age group of 3-6 years;

\*\* -  $p < 0,05$  compared with the age group 7-11 years and 12-17 years.

*Bandazhevsky Yu.I. Assessment of the cardiovascular system in children from Polesie and Ivankov districts / Yu.I.*

*Bandazhevsky, N.F. Dubovaya, G.S. Bandazhevskaya et al. // Scientific and practical collection «Chernobyl: ecology and health» / General addition by prof. Yu.I. Bandazhevsky. – Ivankov: PI Coordination and Analytical Center «Ecology and health», - Dnipropetrovsk: Serednyak T.K., 2015. - Issue 2. – P. 22-35.*

# MORBIDITY OF THYROID CANCER IN THE POPULATION OF THE KYIV REGION (PER 100 000 OF POPULATION)

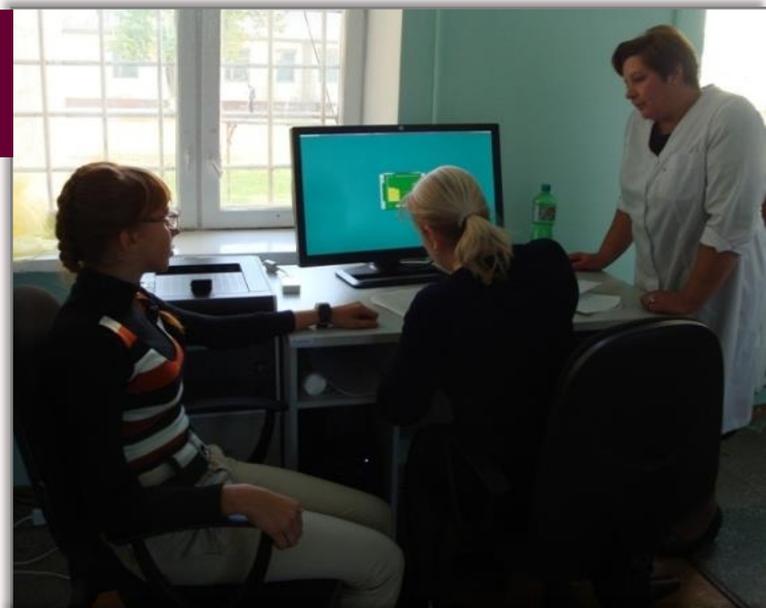


Source: National Cancer Registry of Ukraine.

Bandazhevsky Yu. I., Dubovaya N. F. (2017)

## MONITORING OF CHILDREN'S HEALTH (2013-2017)

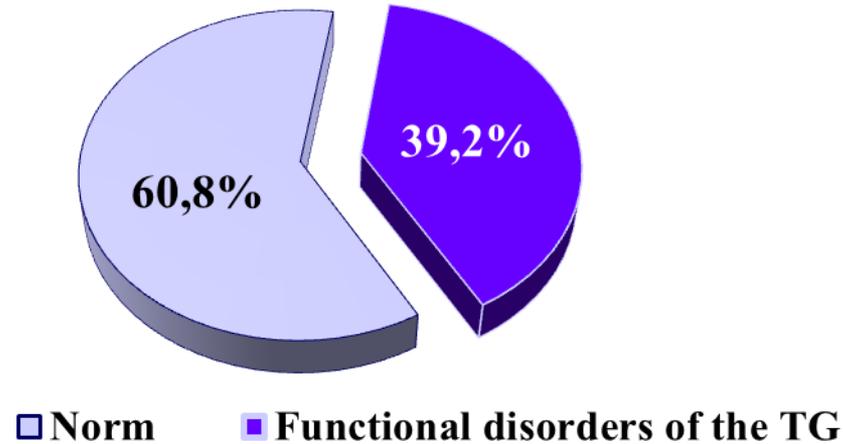
■ The preliminary analysis of children health results has showed that a significant part of children exhibits reduced indices of physical development, cardiac abnormalities (**81,9 %** of the examined children according to data of the electrocardiographic examination), metabolism disorders, and in some cases, hyperplastic processes in the thyroid gland (**6,7 %**).



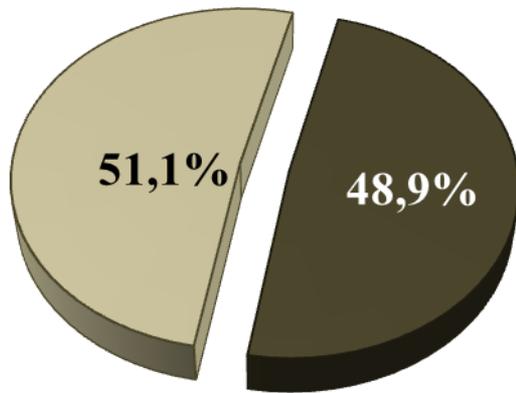
«Development, training and coordination of health-related projects»

# FUNCTIONAL DISTURBANCES OF THE THYROID GLAND IN CHILDREN OF IVANKOV AND POLESSIE DISTRICTS

All children

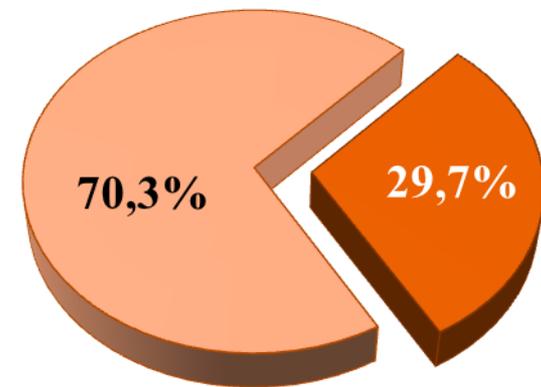


Boys



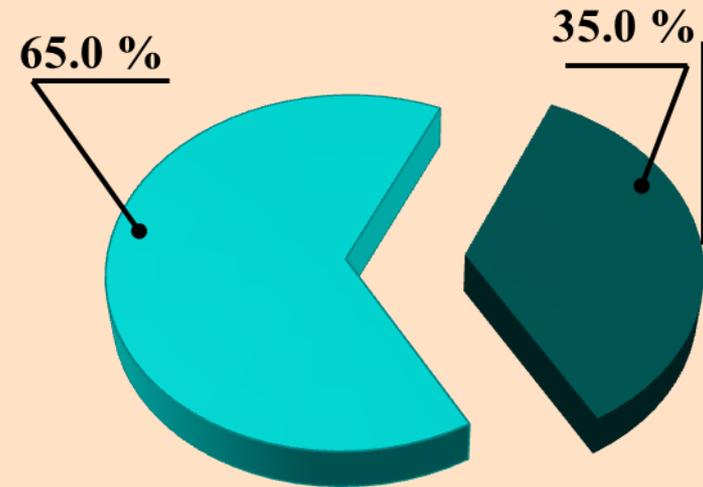
■ Norm ■ Functional disorders of the TG

Girls



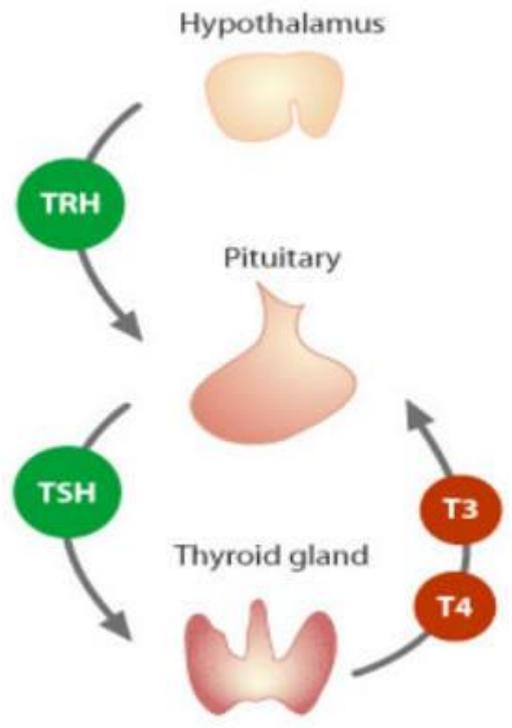
■ Norm ■ Functional disorders of the TG

# PATHOLOGICAL CHANGES IN THE LIVER OF CHILDREN ACCORDING TO ULTRASOUND DIAGNOSIS

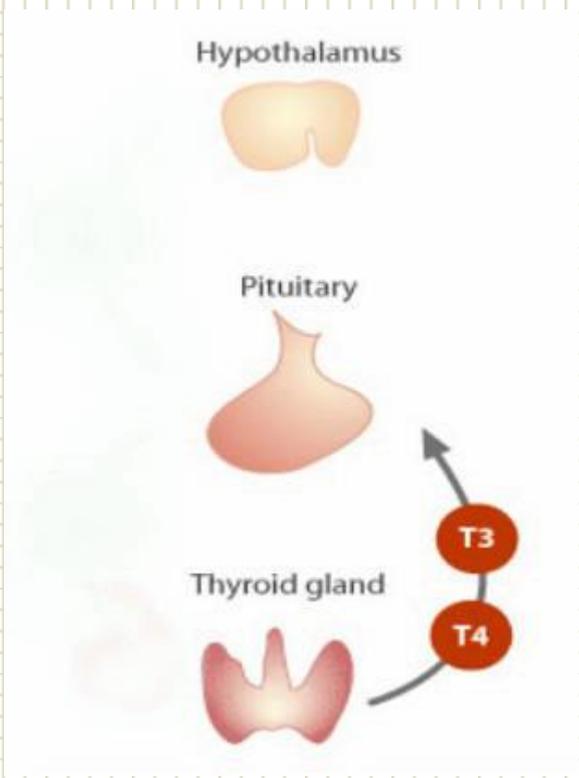


- Absence of pathological changes in the liver
- Pathological changes in the liver

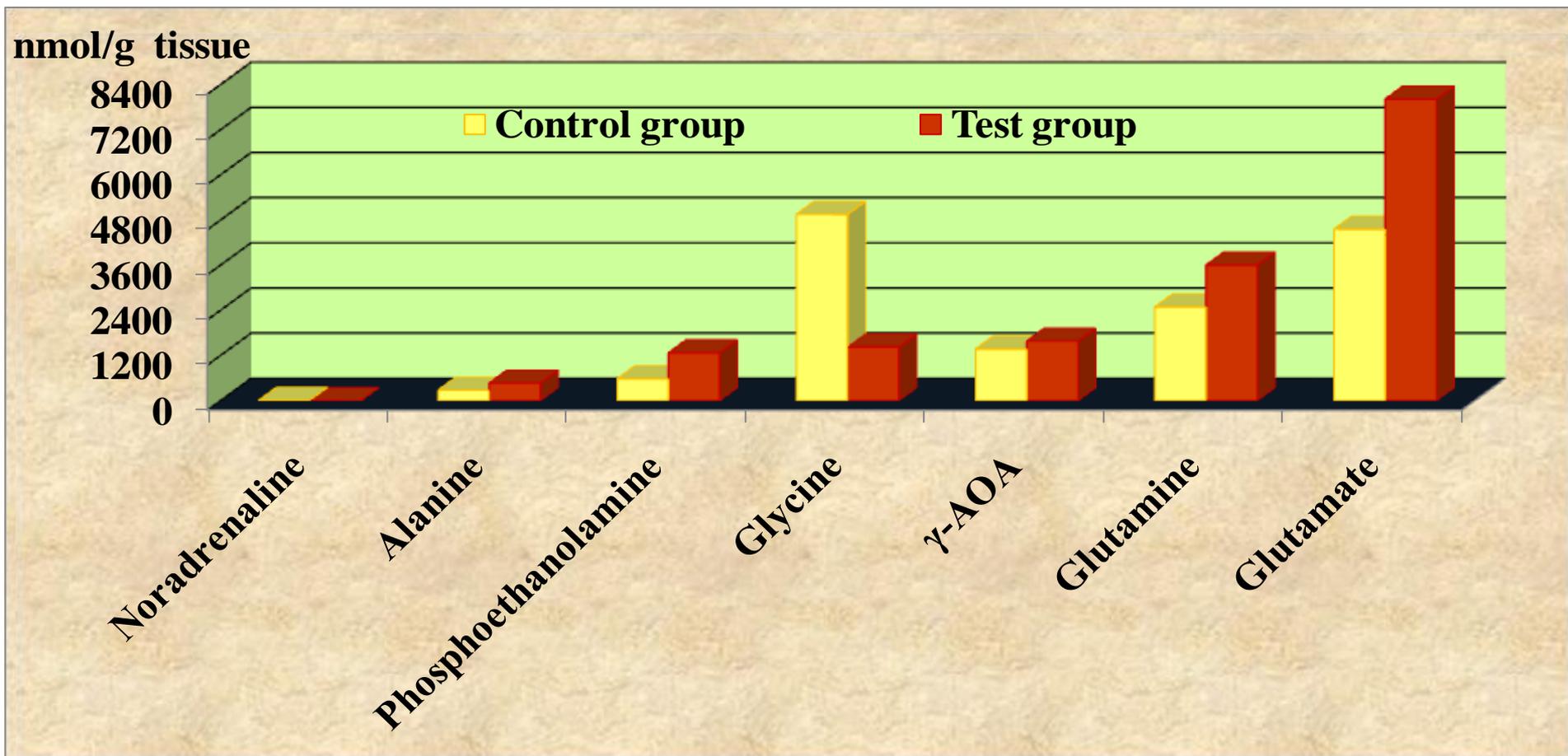
# NORMAL



# IN CASE OF DEVELOPMENT HYPOTHALAMIC SYNDROME

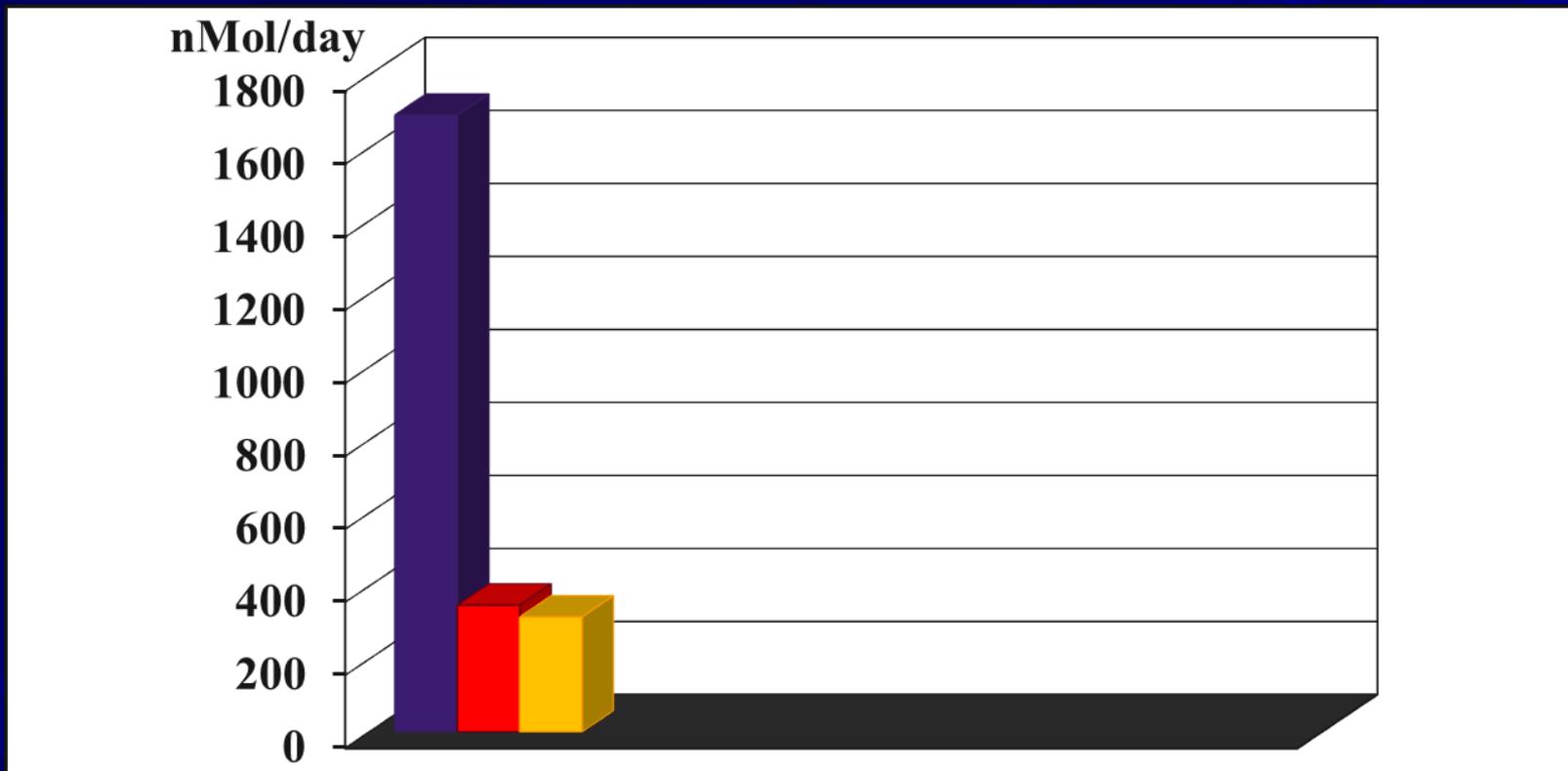


# THE CONTENT OF NEUROACTIVE COMPOUNDS IN CEREBRAL HEMISPHERES OF RATS AFTER 28 DAYS OF INTAKE OF RADIONUCLIDES WITH FOOD\*



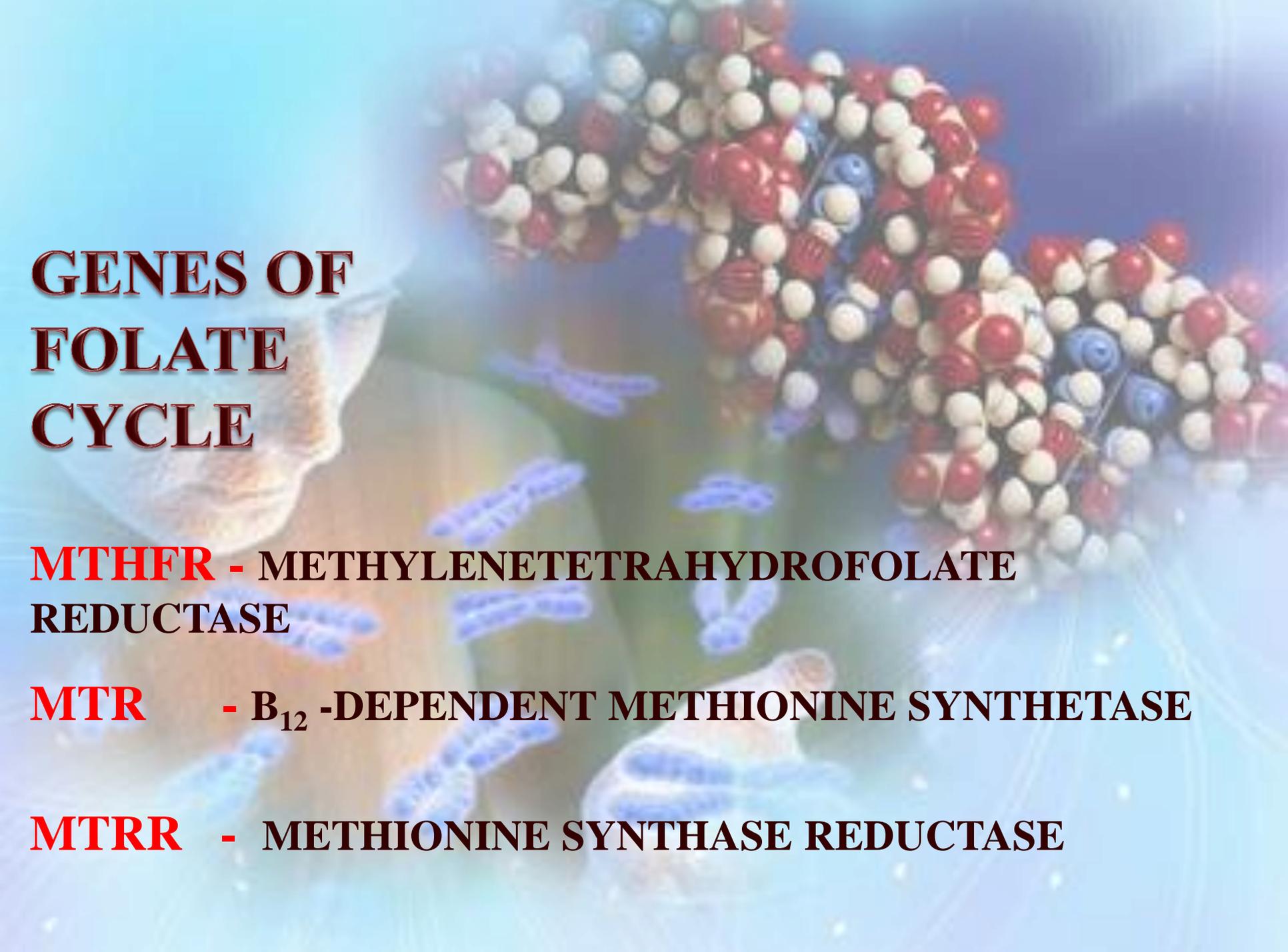
\*Lelevich V.V., Doroshenko E.M. Effect of Incorporated Radionuclides upon the in the Neurotransmitters Brain of Rats // Clinical and Experimental Aspects of the Effect of Incorporated Radionuclides upon the Organism / Yu.I. Bandazhevsky et al.: Ed. by Yu.I. Bandazhevsky, V.V. Lelevich. – Gomel, 1995. – P. 60-72.

# INDICATORS OF DOPAMINE (NMOL/DAY) IN ADOLESCENTS IN KYIV AND ELSEWHERE IN THE KYIV REGION CONTAMINATED WITH RADIONUCLIDES



■ reference range ■ Kyiv ■ Kyiv region contaminated with radionuclides

# **GENETIC CHANGES AND METABOLISM**



# GENES OF FOLATE CYCLE

**MTHFR** - METHYLENETETRAHYDROFOLATE  
REDUCTASE

**MTR** - B<sub>12</sub> -DEPENDENT METHIONINE SYNTHETASE

**MTRR** - METHIONINE SYNTHASE REDUCTASE

# RECORDED POLYMORPHISMS

**MTHFR : A 1298 C**

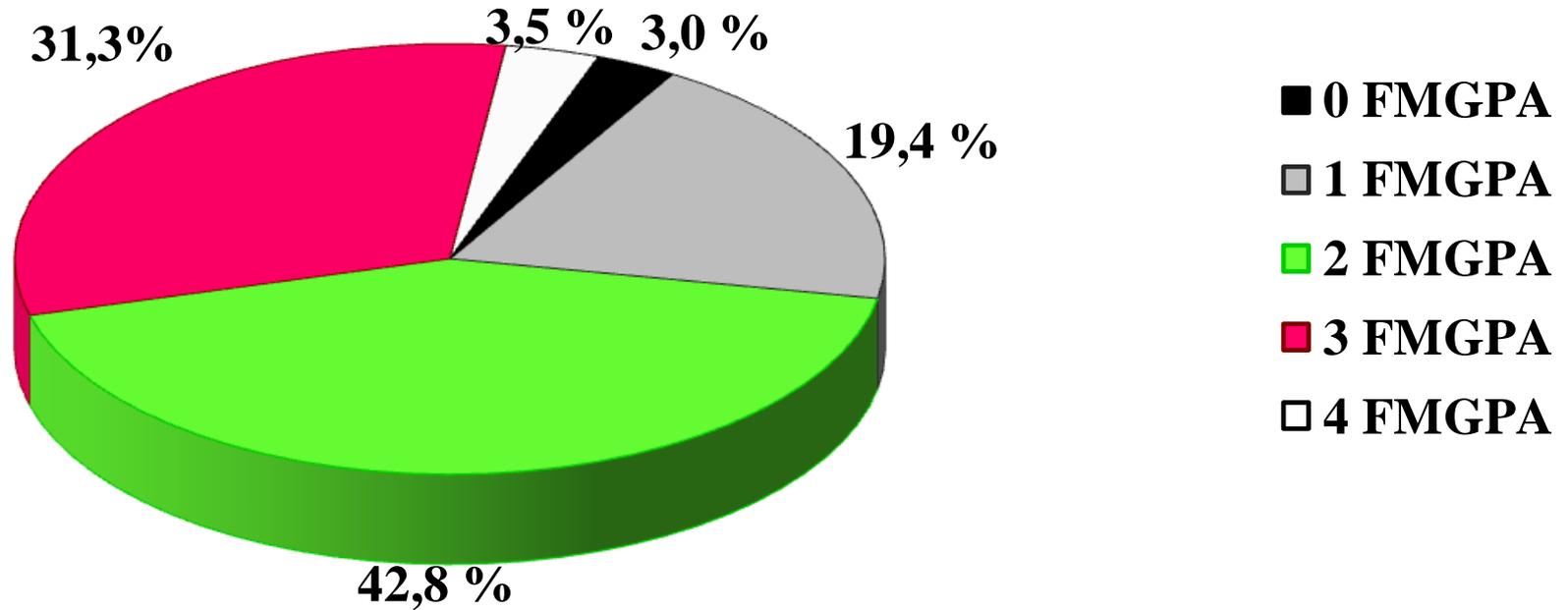
**MTHFR : C 677 T**

**MTR : A 2756 G**

**MTRR : A 66 G**

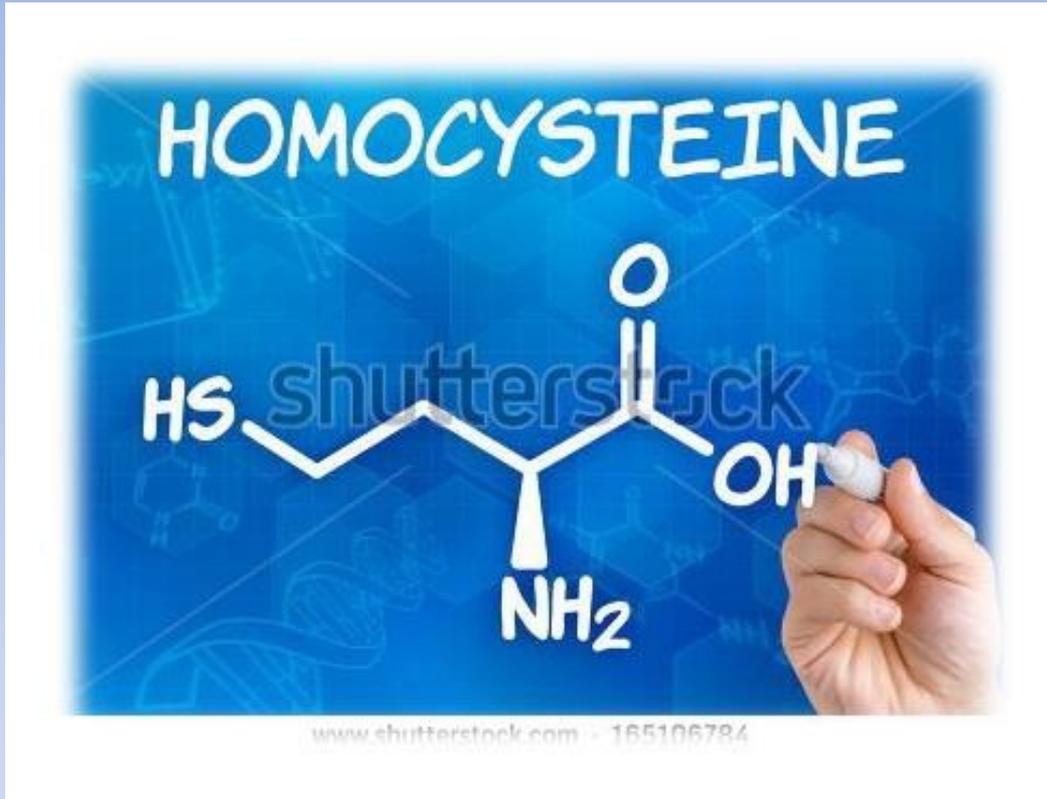
# THE FREQUENCY OF FOLATE METABOLISM GENE POLYMORPHIC ALLELES (FMGPA) IN EXAMINED CHILDREN, (%)

Boys and girls



Bandazheuski Yu.I., Dubovaya N.F. Folate Metabolism Gene Polymorphisms and Homocysteinemia in Children from Families Continuously Living in an Area Affected by the Chernobyl Nuclear Power Plant Accident // Scientific and practical collection «Chernobyl: ecology and health» / General addition by prof. Yu.I. Bandazhevsky. – Ivankov: PI Coordination and Analytical Center «Ecology and health», - Dnipropetrovsk: Serednyak T.K., 2015. - Issue 3. – P. 16-25.

# FORMULA OF HOMOCYSTEINE - $C_4H_9NO_2S$

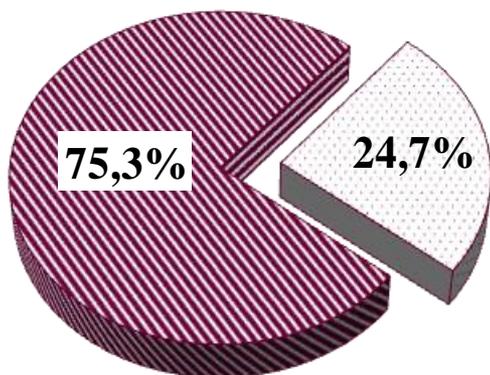


**H**YPERHOMOCYSTEINEMIA  
AT CHILDREN –  
**> 10.0 micromol/l**

**HYPERHOMOCYSTEINEMIA IS  
INFRINGEMENT METABOLISM  
METHIONINE AND FOLATE CYCLE  
FUNCTIONING**

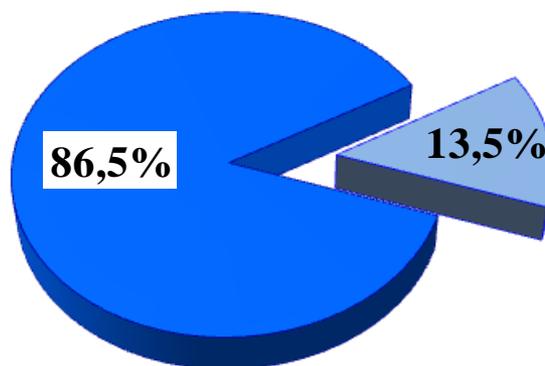
# HYPERGOMOCYSTEINEMIA IN CHILDREN OF THE IVANKOV AND POLESIE DISTRICTS

Among all the children studied



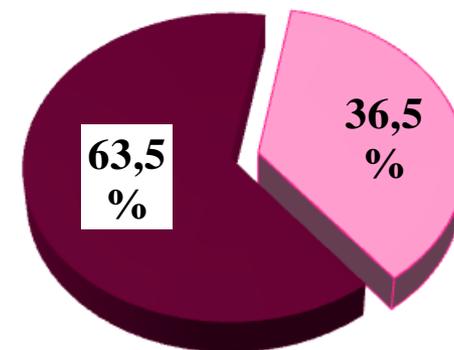
■ Norm  
■ Hyperhomocysteinemia

Boys



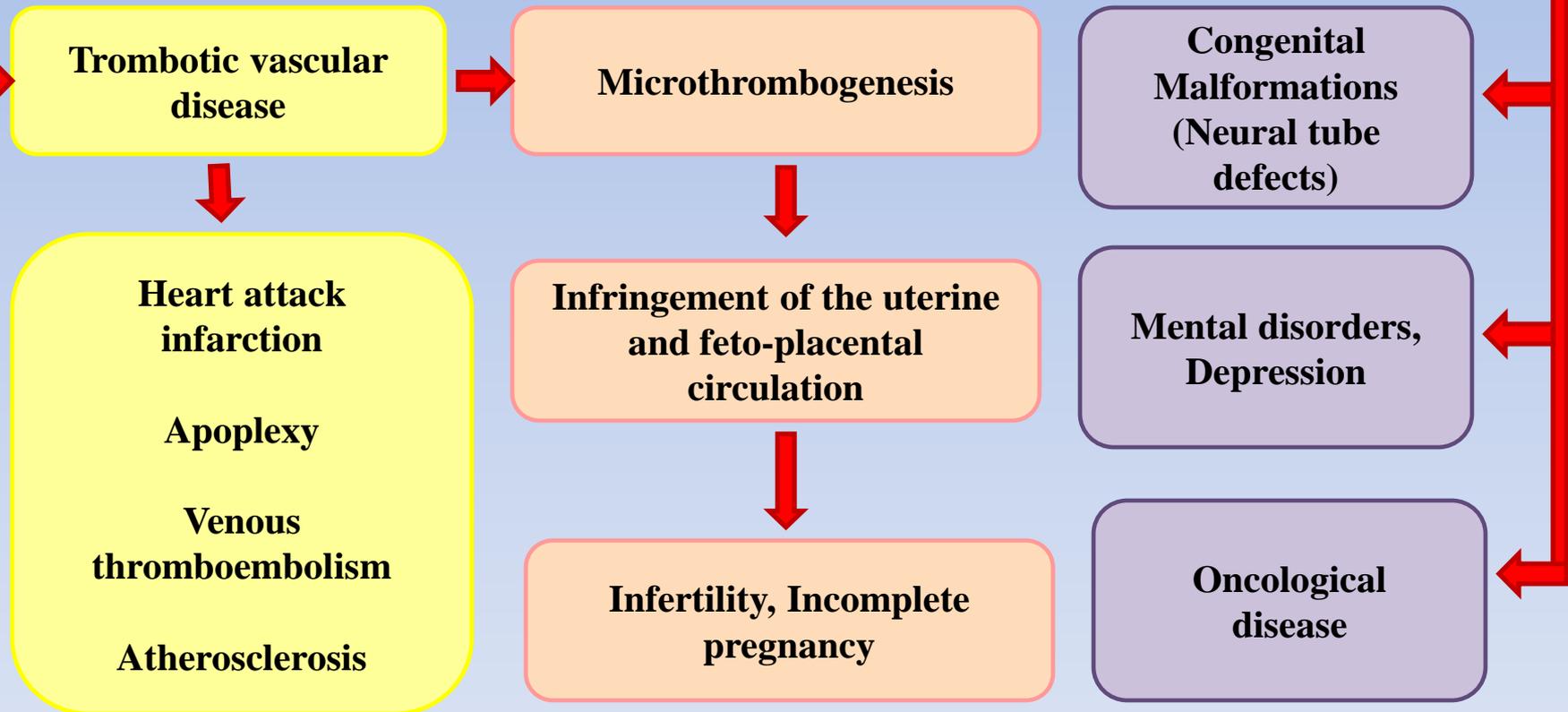
■ Norm  
■ Hyperhomocysteinemia

Girls

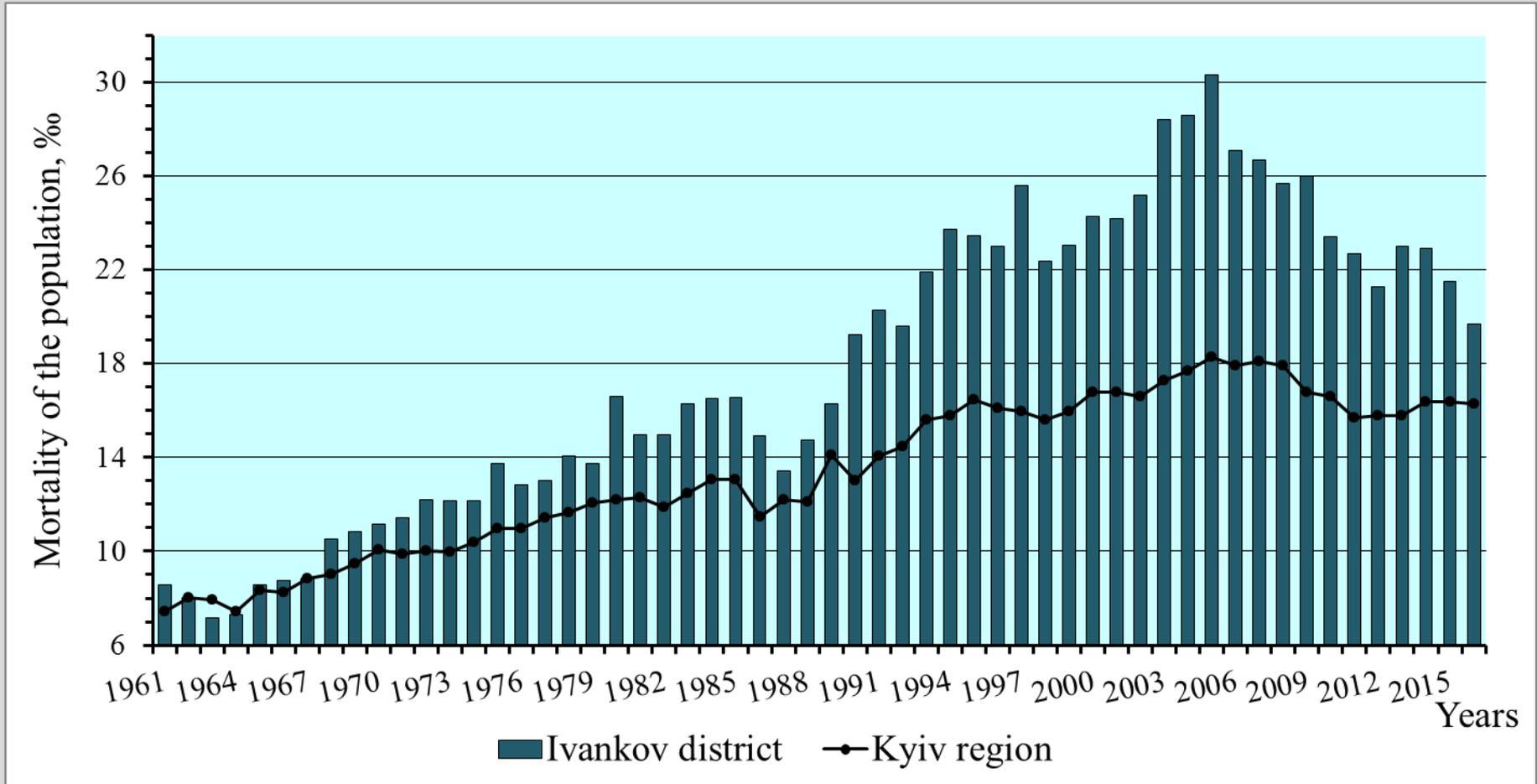


■ Norm  
■ Hyperhomocysteinemia

# EFFECTS OF HYPERHOMOCYSTEINEMIA



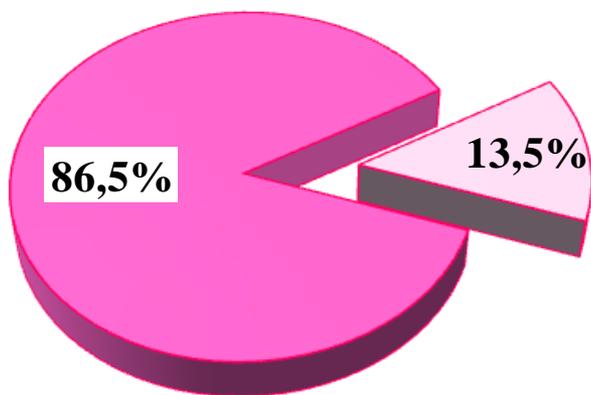
# INDICATORS OF GENERAL MORTALITY RATE (PER 1000 OF POPULATION) IN THE IVANKOV DISTRICT AND THE KYIV REGION (1961-2016)



*\*Source: Data from the State Department of Statistics of Ukraine.*

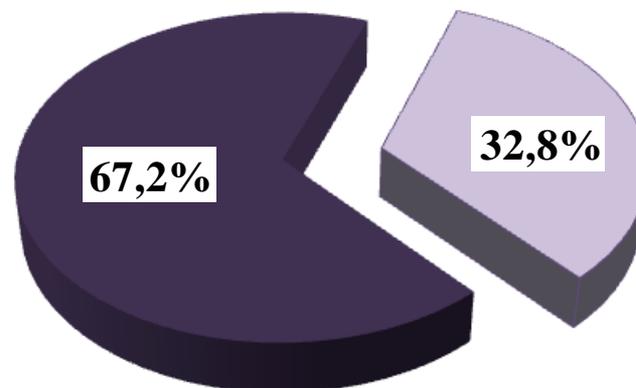
# HYPERGOMOCYSTEINEMIA IN GIRLS WITH GENETIC POLYMORPHISM MTHFR: C 677 T

**MTHFR : 677 TT**



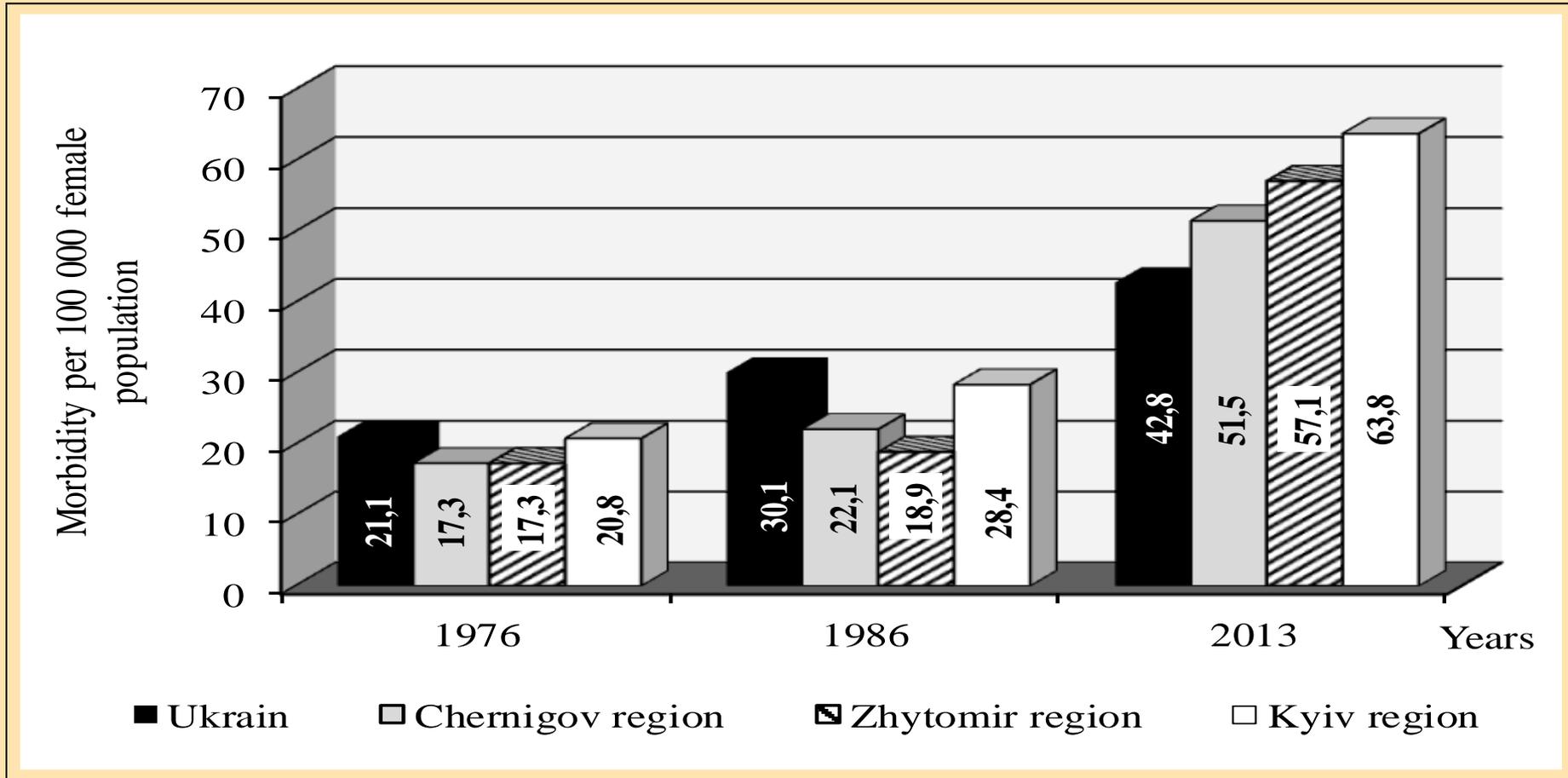
- Norm
- hyperhomocysteinemia

**MTHFR : 677 CT**



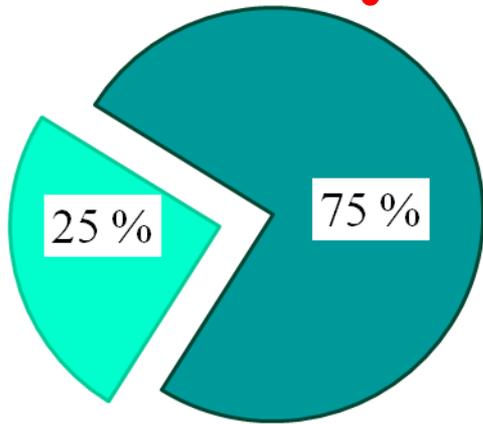
- Norm
- Hyperhomocysteinemia

# STANDARDIZED (ON THE WORLD POPULATION STANDARD) MORBIDITY INDICATORS OF BREAST CANCER IN UKRAINE AND IN RADIOACTIVE CONTAMINATED REGIONS

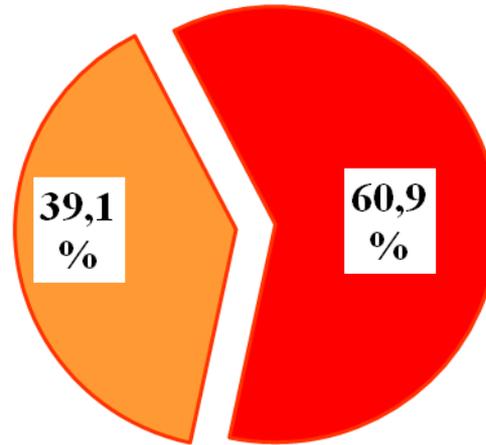


*\*Source: Fedorenko Z.P. The risk of developing breast cancer in women of younger age groups in Ukraine / Z.P. Fedorenko, L.O. Gulak, E.L. Pea, A.Yu. Ryzhov, L.B. Kutsenko // Environment & health. - 2016. - №. 1. - P. 36-41.*

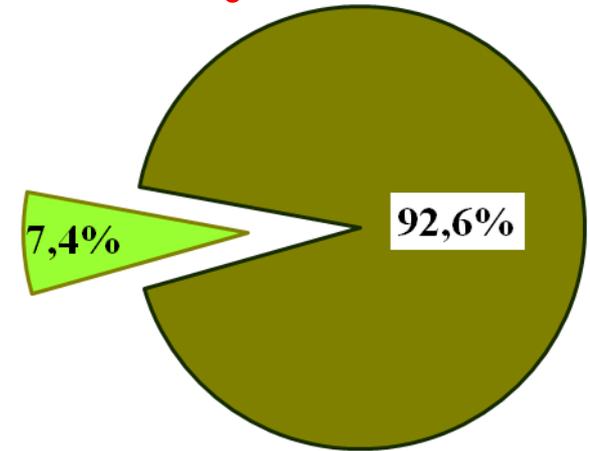
# HYPERHOMOCYSTEINEMIA (ALL CHILDREN)



- The absence of specific activity with hyperhomocysteinemia Cs-137 in the body 6.8-140.29 Bq/kg
- Hyperhomocysteinemia in specific activity of Cs-137 in the body 6.8-140.29 Bq/kg

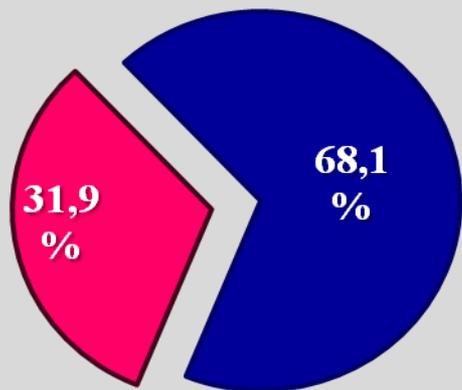


- The absence of hyperhomocysteinemia at infringement of the thyroid
- Hyperhomocysteinemia at infringement of the thyroid

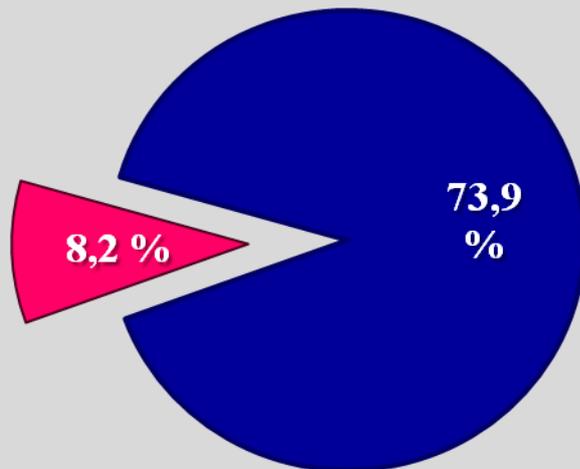


- The absence of hyperhomocysteinemia with a deficiency of folic acid
- Hyperhomocysteinemia with a deficiency of folic acid

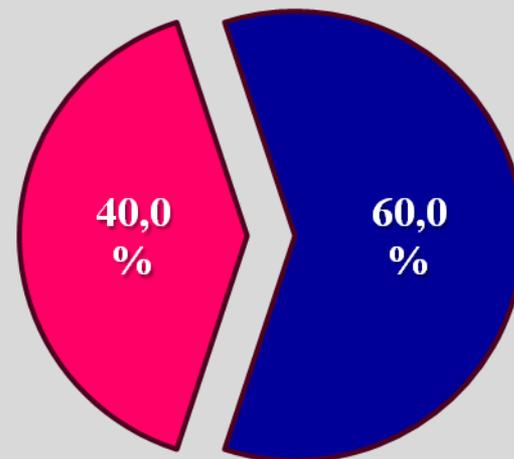
# DISTRIBUTION BY SEX CASES HYPERHOMOCYSTEINEMIA AMONG CHILDREN WITH THE ABUSES INVESTIGATED PARAMETERS



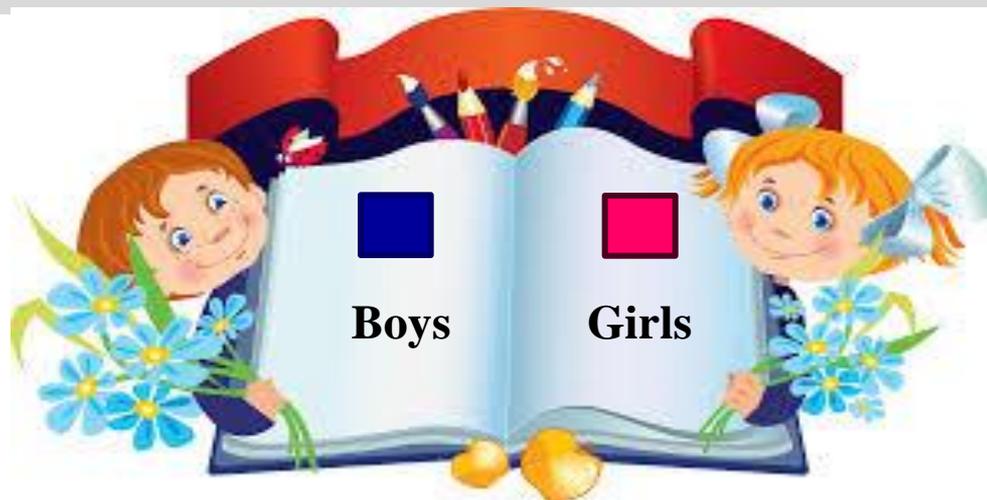
Specific activity in the body  $^{137}\text{Cs}$  from 6,8 to 140,26 Bq/kg



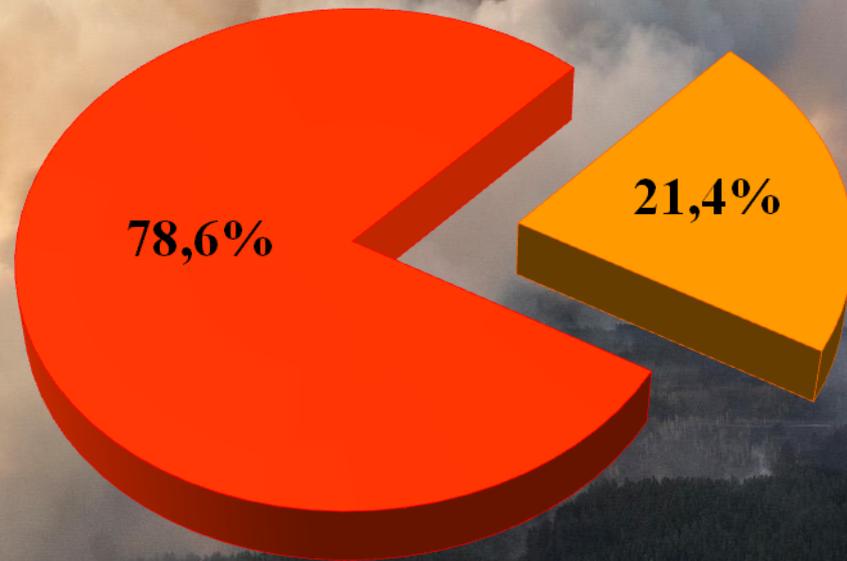
Thyroid disorders



A disadvantage of folic acid in the body



# **INCREASING OF FREQUENCY CHANGE OF HOMOCYSTEINE CHILDREN FROM IVANKOV AND POLESIE REGION BEFORE AND AFTER FIRES 2015**

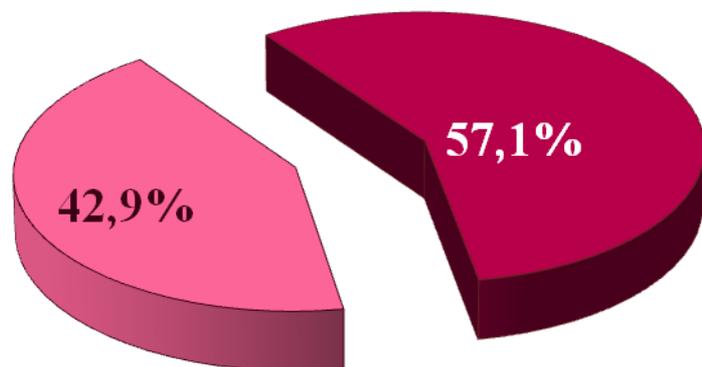


**Of the 84 persons level of homocysteine increased after fires in 66 children.**

- Increased of homocysteine in children after the fires in 2015**
- The absence of increase of homocysteine**

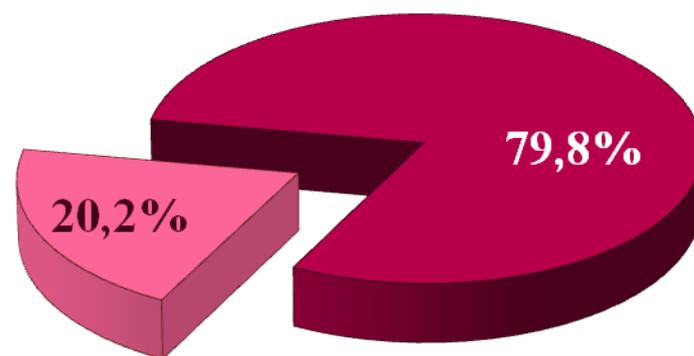
# HYPERHOMOCYSTEINEMIA IN EXAMINATION OF CHILDREN FROM POLESIE REGION

**Examination of 02.04.2015**



■ The absence of hyperhomocysteinemia

**Examination of 18.12.2015**



■ The absence of hyperhomocysteinemia

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graph TD; A[BURNING OF FOREST IN THE ZONE OF RADIOACTIVE CONTAMINATION] --> B[AIR WITH RADIONUCLIDES]; B --> C[RADIONUCLIDES IN CHILDREN'S AND ADULT'S ORGANISM]; C --> D[METABOLIC DISORDERS, HYPERHOMOCYSTEINEMIA, PATHOLOGICAL CHANGES IN ORGANS AND SYSTEMS];
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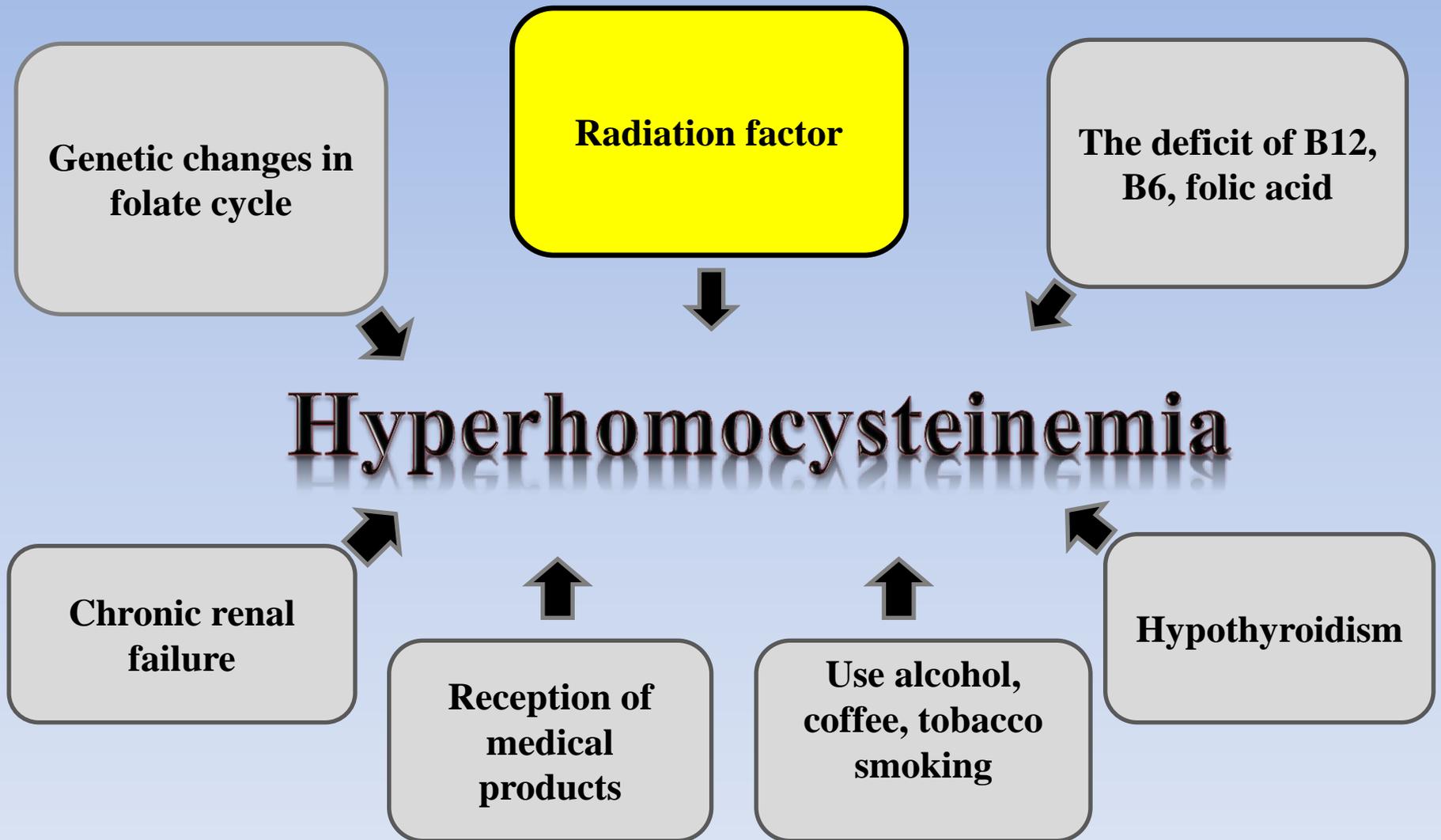
**BURNING OF FOREST IN THE ZONE  
OF RADIOACTIVE CONTAMINATION**

**AIR WITH RADIONUCLIDES**

**RADIONUCLIDES IN CHILDREN'S AND  
ADULT'S ORGANISM**

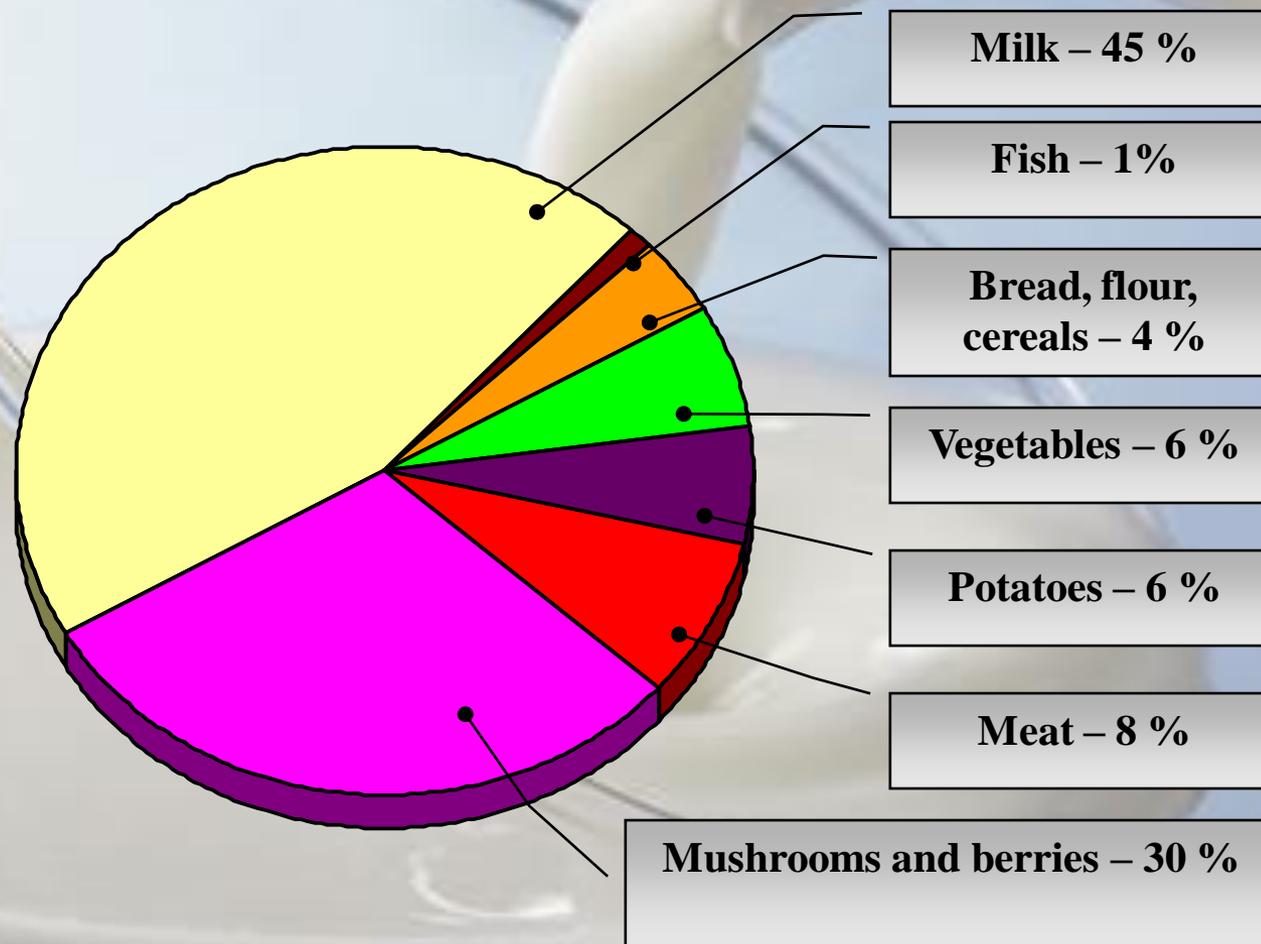
**METABOLIC DISORDERS,  
HYPERHOMOCYSTEINEMIA,  
PATHOLOGICAL CHANGES IN ORGANS  
AND SYSTEMS**

# CAUSES OF HYPERHOMOCYSTEINEMIA



**THE INFORMATION AND  
CONSULTATION CENTER ON FOOD  
HYGIENE AT IVANKOV HOSPITAL - THE  
MAIN LINK IN THE PREVENTION OF  
DISEASES RELATED TO EXPOSURE TO  
RADIOACTIVITY**

# THE CONTRIBUTION OF FOOD TO THE FORMATION OF INTERNAL EXPOSURE DOSES OF THE UKRAINE'S POPULATION

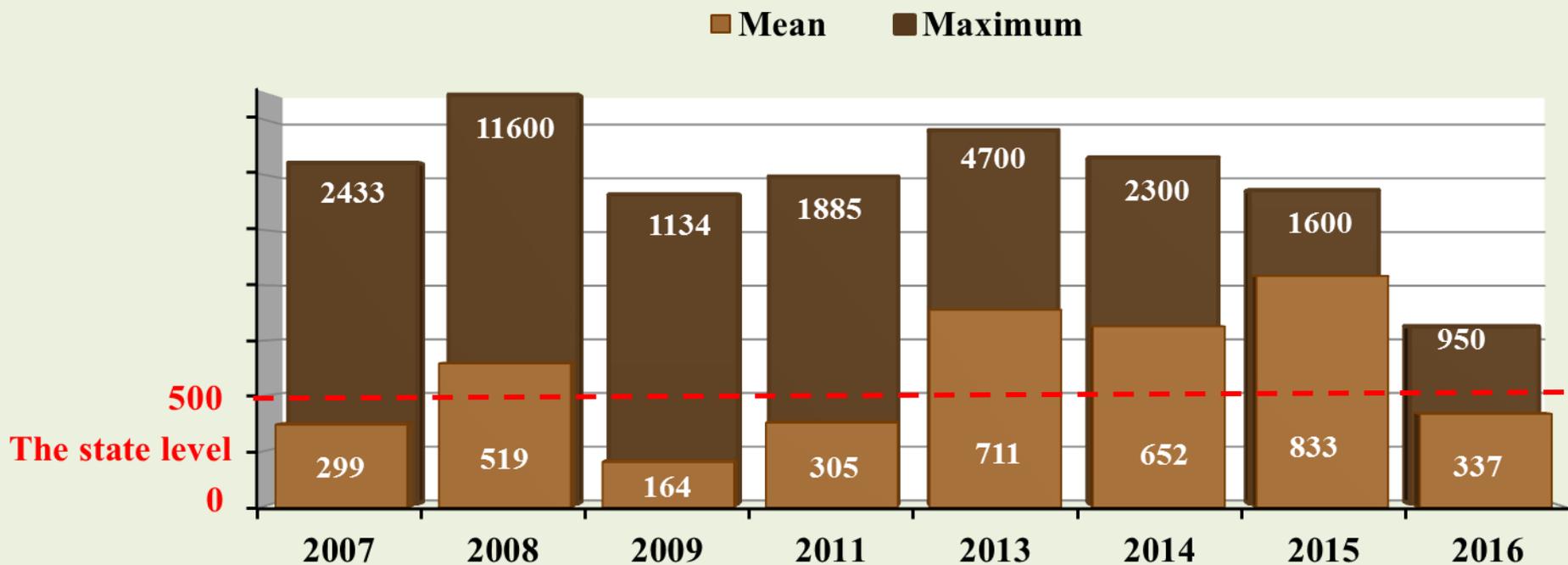




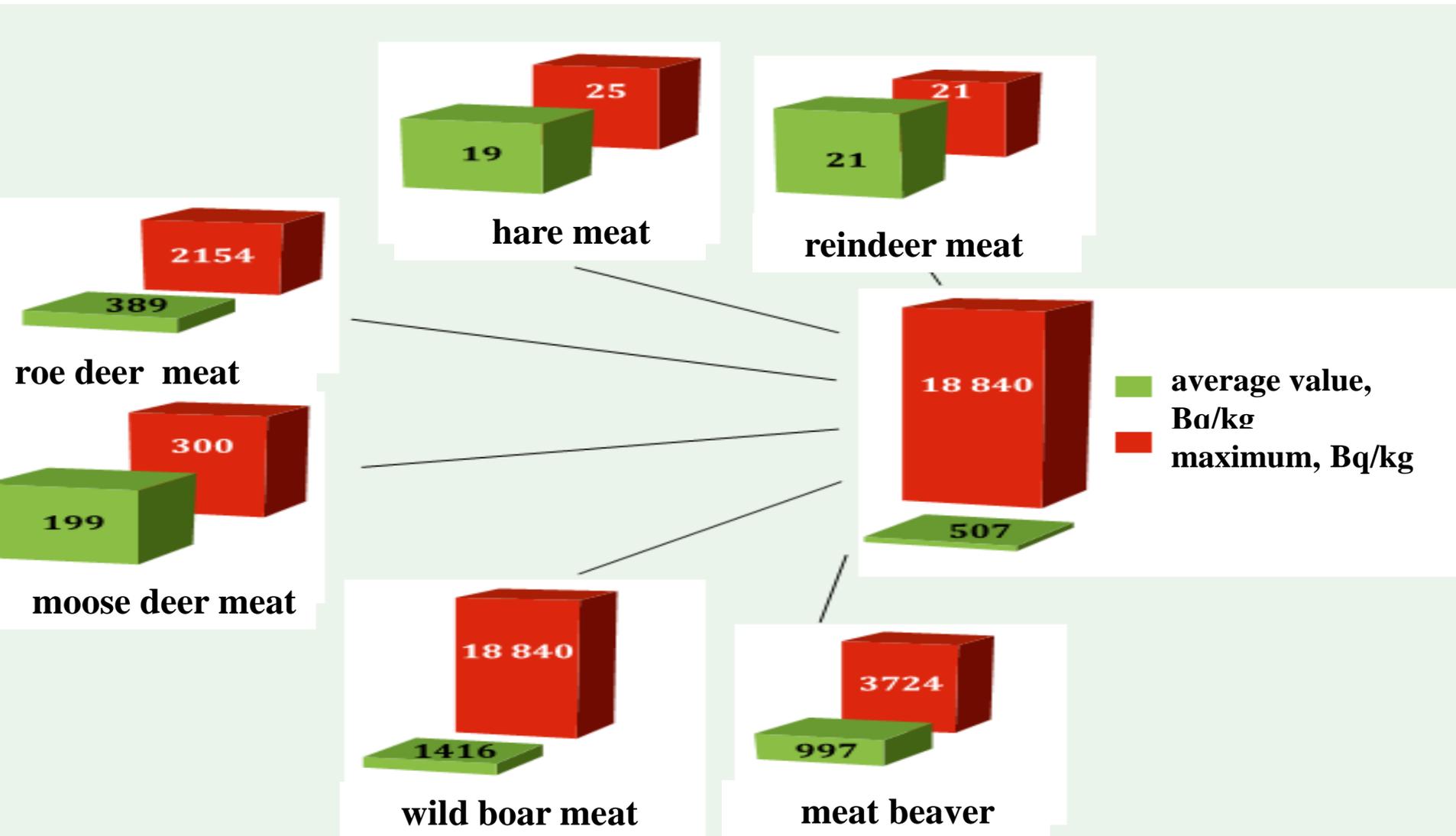
**Sale of mushrooms by local residents gathered in the forests of Ivankov district**

*Bandazhevsky Yu. I., Dubovaya N. F. (2017)*

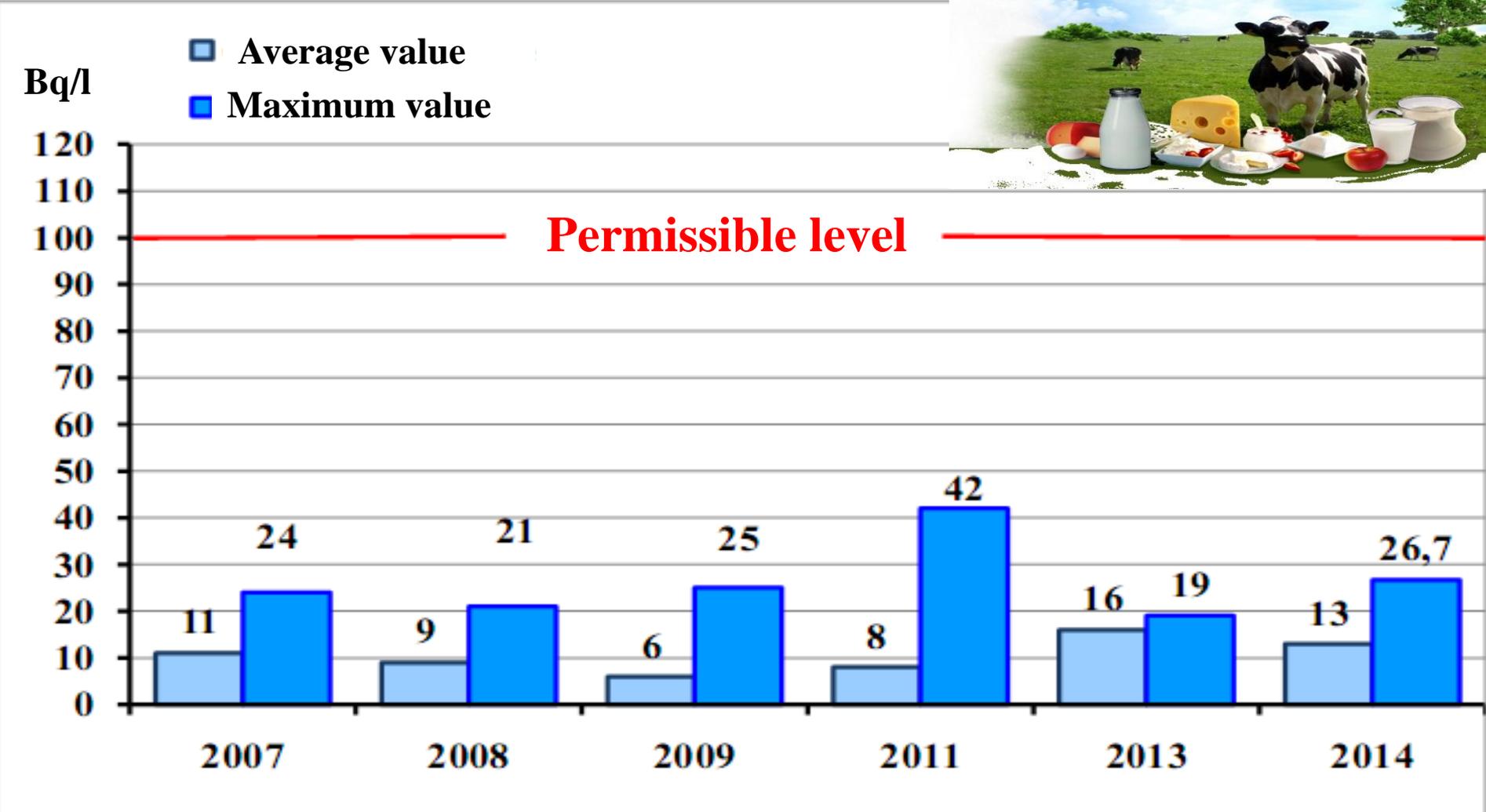
# CONTENTS OF $^{137}\text{CS}$ IN FRESH WILD MUSHROOMS IN IVANKOV DISTRICT OF KYIV REGION



# \*THE AVERAGE AND MAXIMUM LEVELS OF CONTAMINATION CESIUM-137 BUSHMEAT, Bq/kg



# CONTENTS OF $^{137}\text{CS}$ IN MILK IN IVANKOV DISTRICT OF KIEV REGION



Bandazhevsky Yu. I., Dubovaya N. F. (2017)



**CHERNOBYL ACCIDENT (1986)**

**Social and economic crisis**

**The population living on the radioactive contaminated territory**

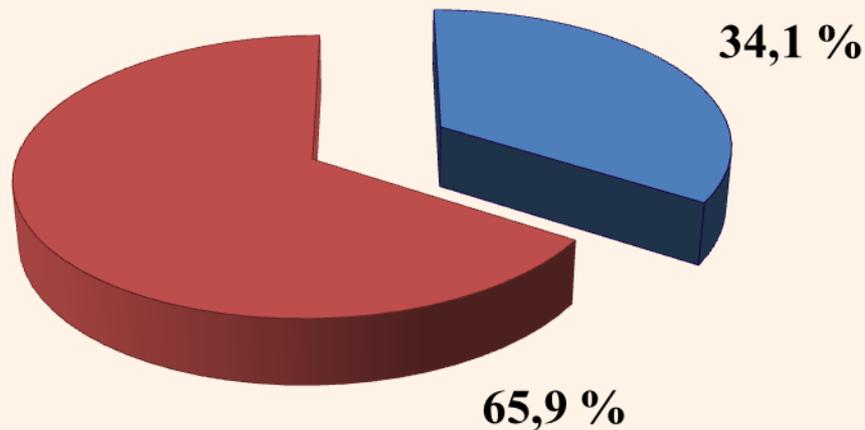
**Consumption of low quality products containing radionuclides**

**Deficiency of vitamins, macro- and micronutrients in the body of children and adults**

**Metabolic disorders, hyperhomocysteinemia**

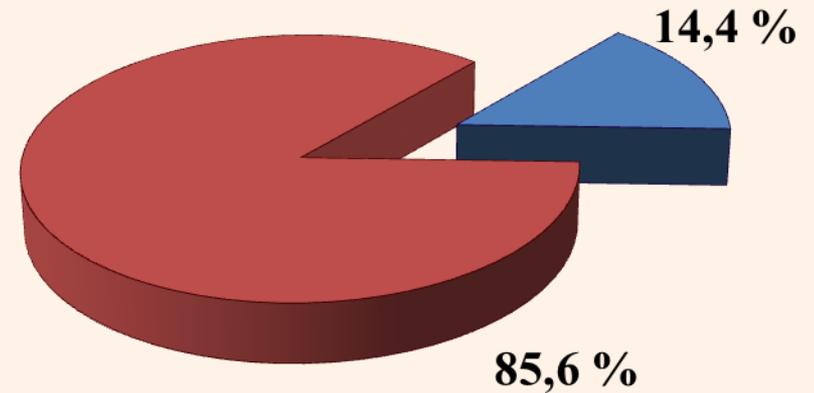
# SPECIFIC ACTIVITY $^{137}\text{Cs}$ IN THE CHILD'S BODY (POLESIE AND IVANKOV DISTRICTS)

## POLESIE DISTRICT



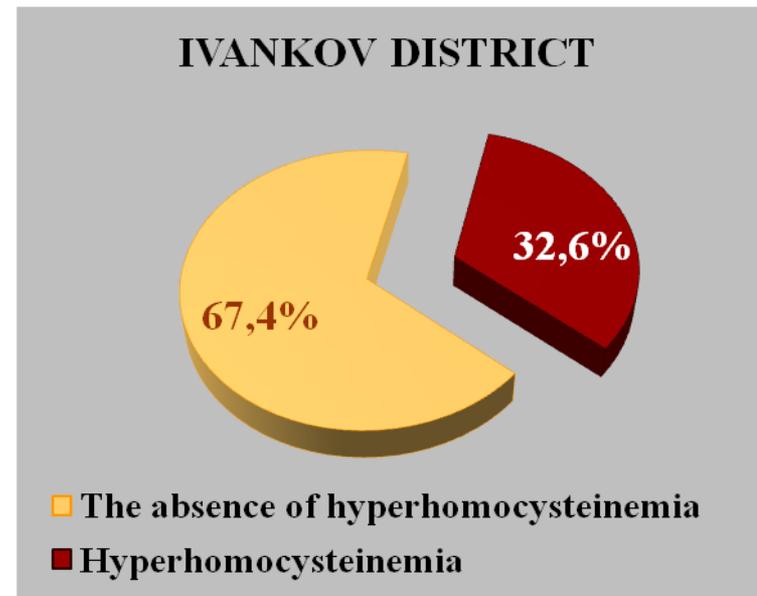
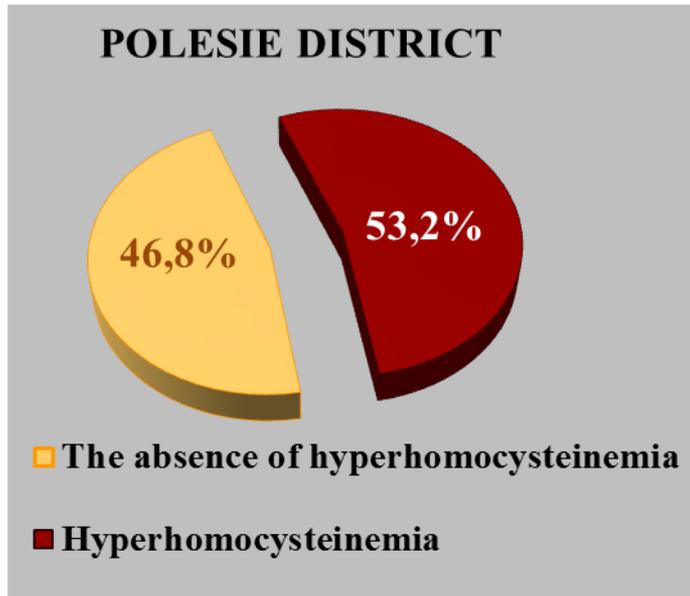
- % of children with the level of Cs-137 [6.08-307.2] Bq/kg in the body
- % of children with the level of Cs-137 below 5.0 Bq/kg in the body

## IVANKOV DISTRICT



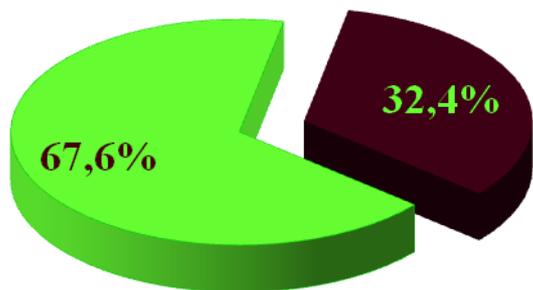
- % of children with the level of Cs-137 [6.64-90.71] Bq/kg in the body
- % of children with the level of Cs-137 below 5.0 Bq/kg in the body

# INCIDENCE OF HYPERHOMOCYSTEINEMIA IN GROUPS EXAMINED CHILDREN



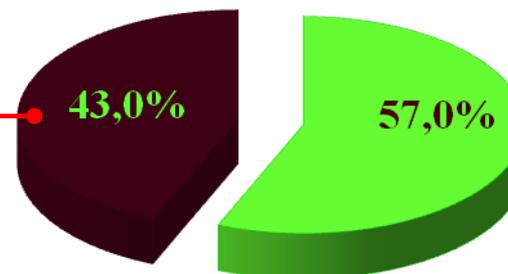
# THE INCIDENCE OF THYROID DISORDERS IN THE GROUP OF SURVEYED CHILDREN

**IVANKOV DISTRICT,**  
density of soil contamination  
 $Cs-137 < 2 \text{ Ci}/\text{km}^2$



■ Without thyroid disorders

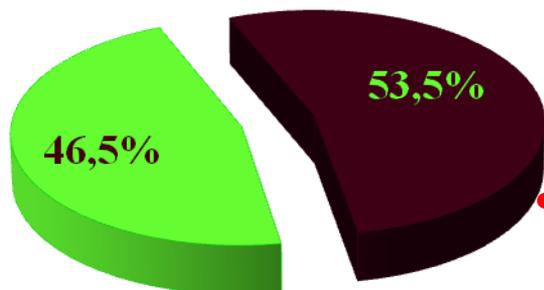
**POLESIE DISTRICT,**  
density of soil contamination  
 $Cs-137 < 2 \text{ Ci}/\text{km}^2$



■ With thyroid disorders

$P < 0,05$

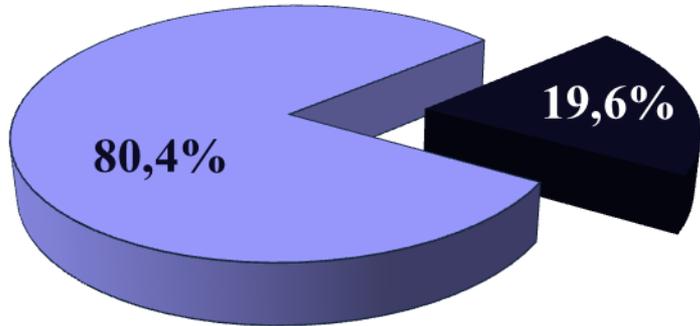
**IVANKOV DISTRICT,**  
density of soil contamination  
 $Cs-137 > 2 \text{ Ci}/\text{km}^2$



$P < 0,05$

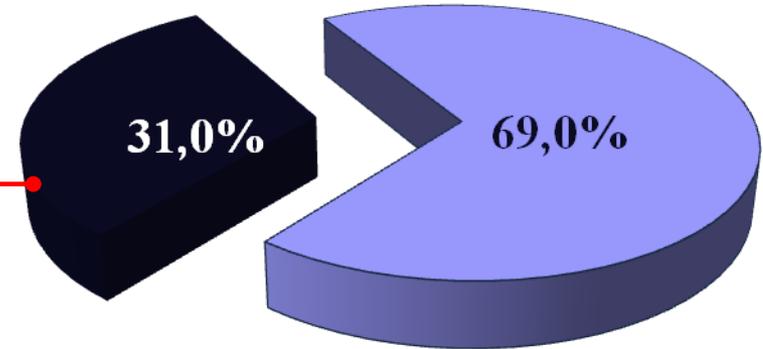
# THE INCIDENCE OF REDUCING THE CONCENTRATION OF T<sub>4</sub> IN BLOOD SERUM OF CHILDREN SURVEYED GROUP

IVANKOV DISTRICT,  
density of soil contamination  
Cs-137 < 2 Ci/km<sup>2</sup>



■ norm

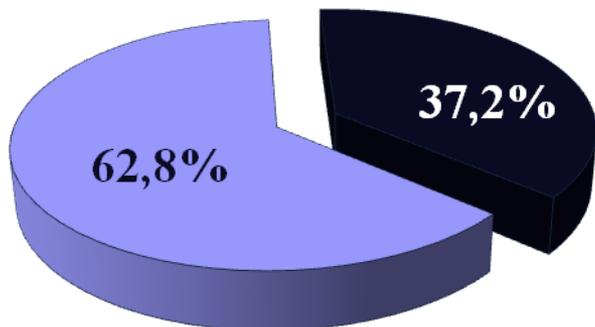
POLESIE DISTRICT,  
density of soil contamination  
Cs-137 < 2 Ci/km<sup>2</sup>



■ below norm

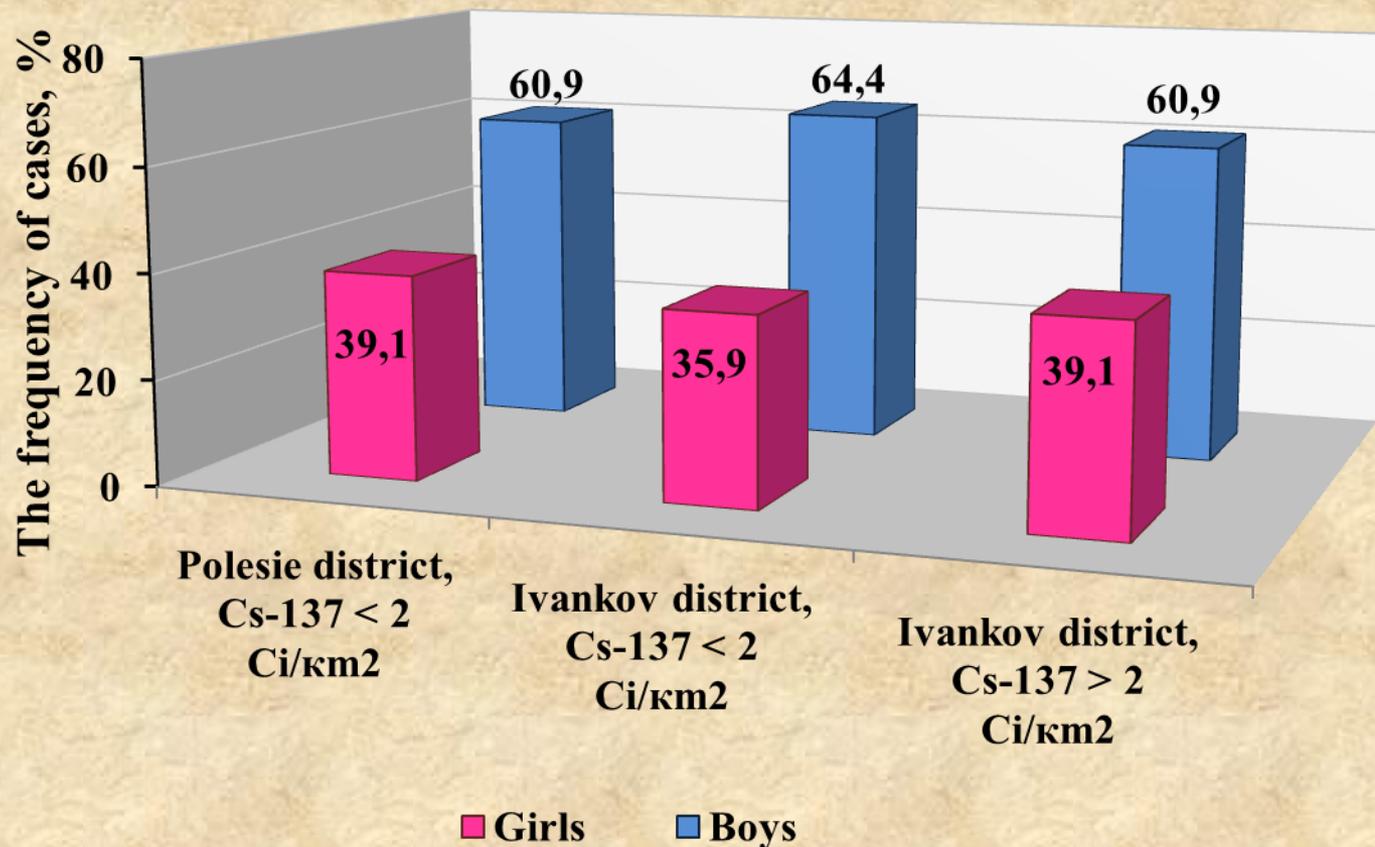
P < 0,05

IVANKOV DISTRICT,  
density of soil contamination  
Cs-137 > 2 Ci/km<sup>2</sup>

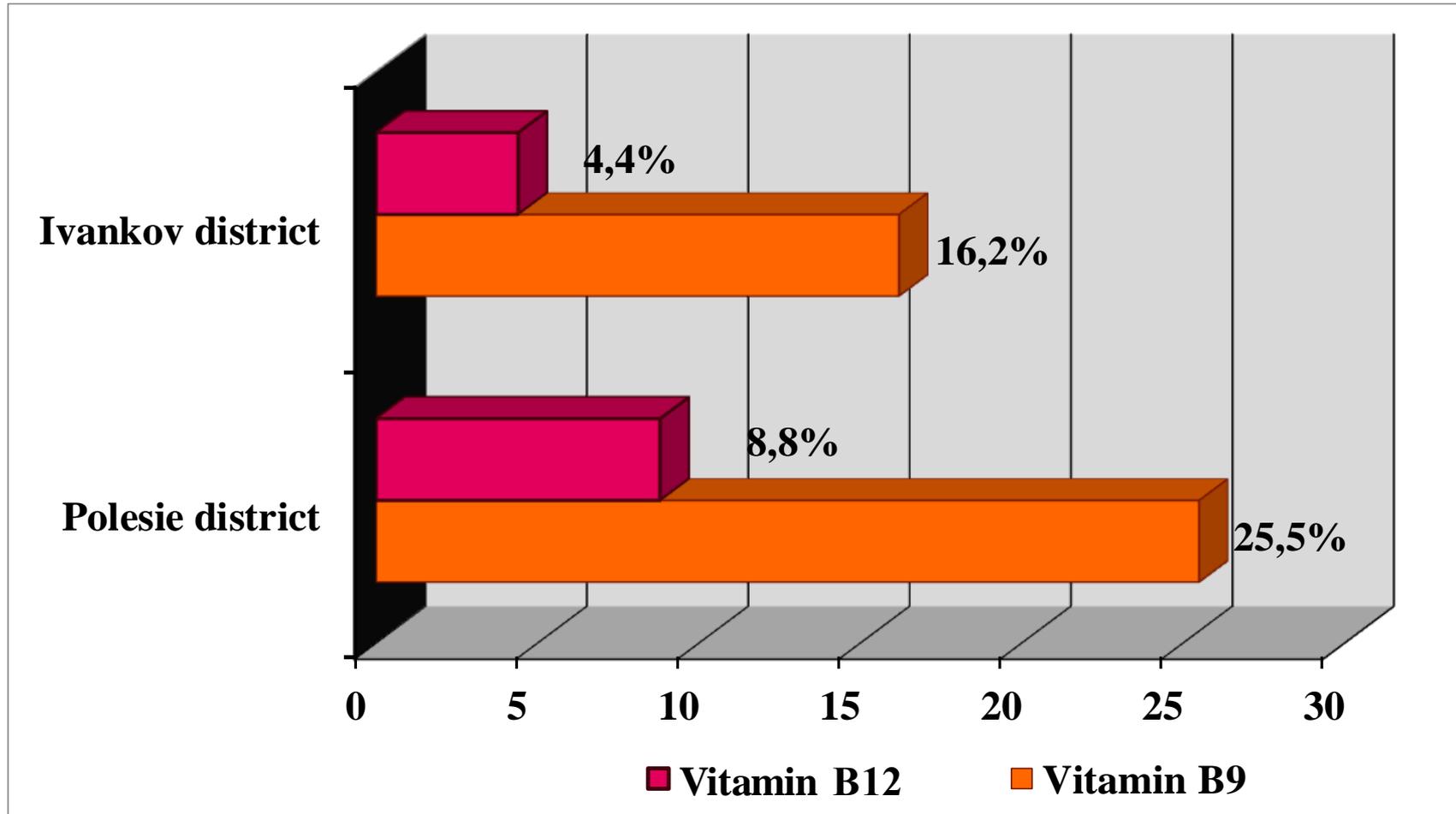


P < 0,05

# DISTRIBUTION OF THYROID DISORDERS IN CHILDREN SURVEYED GROUPS BY SEX

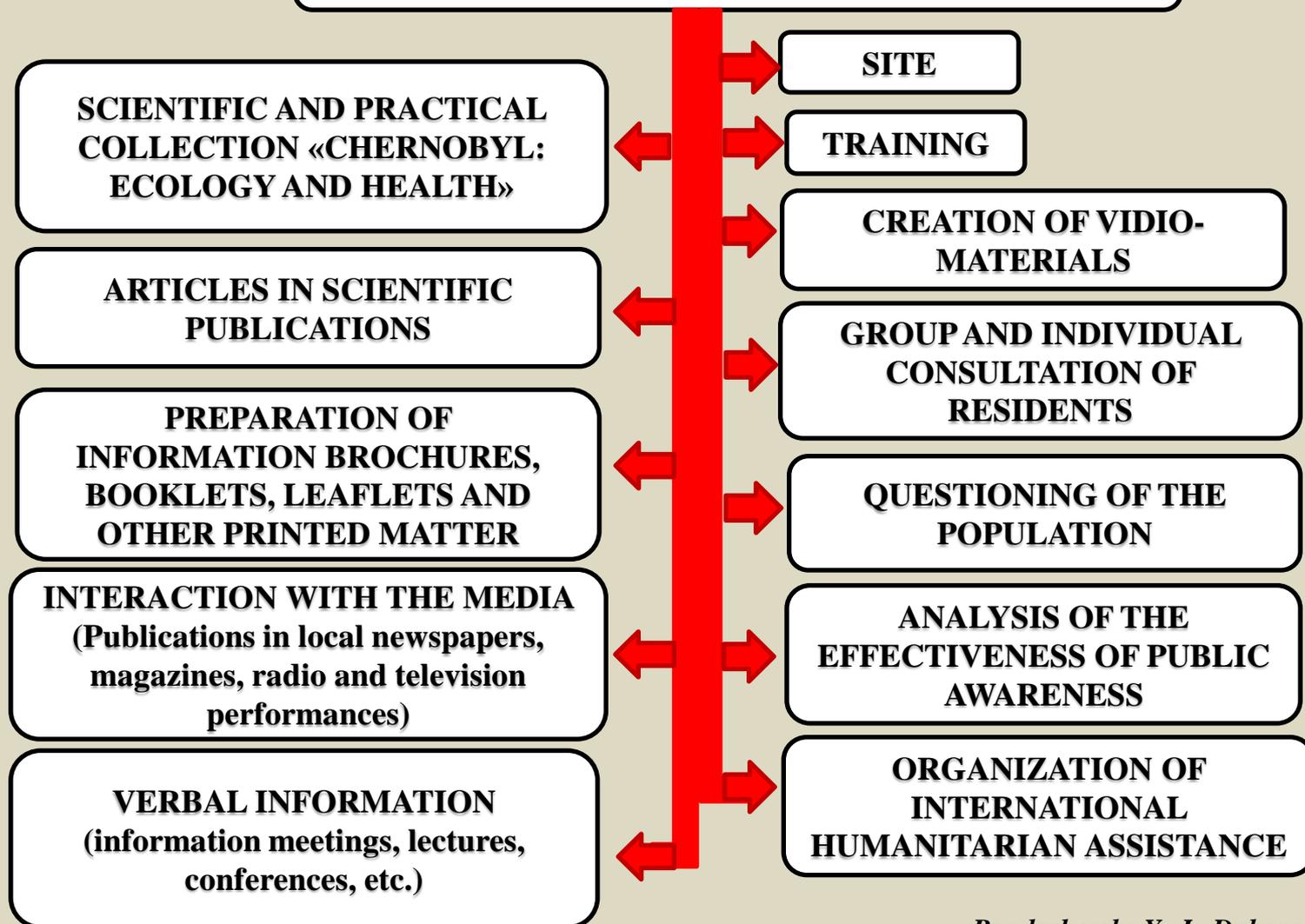


# FREQUENCY OF CHILDREN WITH VITAMINS LEVEL IN BLOOD BELOW PHYSIOLOGICAL VALUES



**INFORMATION AND CONSULTATION  
CENTER FOR HYGIENE AND NUTRITION**

**FORMS OF INFORMATION ACTIVITIES**



# HEALTH IN THE ZONE CHERNOBYL



HEALTH AND ENVIRONMENTAL  
PROGRAMS RELATED TO THE CHERNOBYL  
EXCLUSION ZONE.



Цей проєкт фінансовано Європейською Комісією  
This project is financed by the EUROPEAN COMMISSION



**SITE**

<https://chernobyl-health.org>

## I THE NAME OF THE FUTURE



## CREATING A MODERN MAP OF RADIOACTIVE CONTAMINATION OF IVANKIV DISTRICT

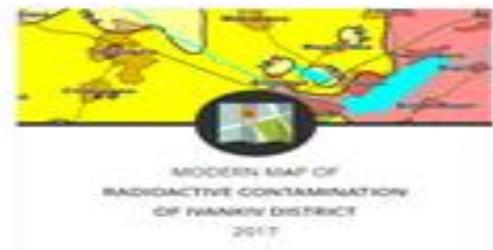
Publication - May 10, 2017



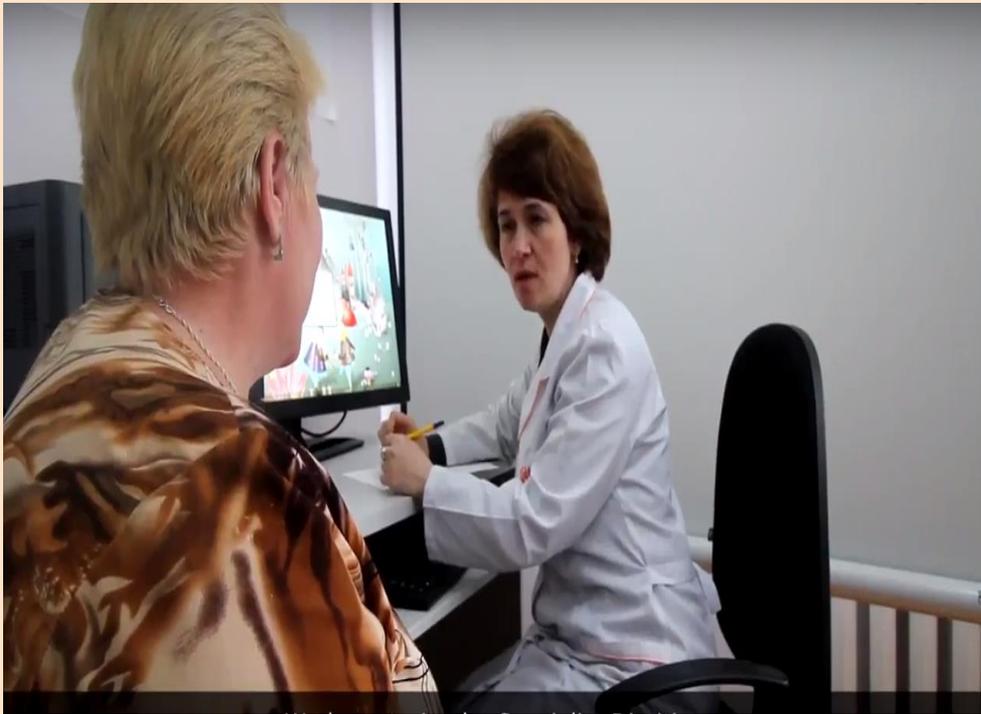
In the framework of the project for the first time, a modern map of radioactive contamination of Ivankiv district on the basis of the analysis of soil samples and built contamination density map <sup>90</sup>Sr and <sup>137</sup>Cs study area (scale 1: 200,000, 1: 50,000).

## PROFESSOR YURI BANDAZHEVSKY: RADIATION IN BELARUS APPEARED LONG BEFORE THE CHERNOBYL

Publication - April 16, 2017



# INDIVIDUAL COUNSELING ON NUTRITION AT THE CENTER IS CARRIED OUT BY A NUTRITIONIST TRAINED UNDER THE PROJECT



## *To a question!*

*Nutrition largely determines the state of human health.*

*Ukraine remains one of the few in Europe, where there is no national program aimed at solving the problems of nutrition of the population.*

*It is worth mentioning that in Ukraine there are less than 100 certified nutritionists.*



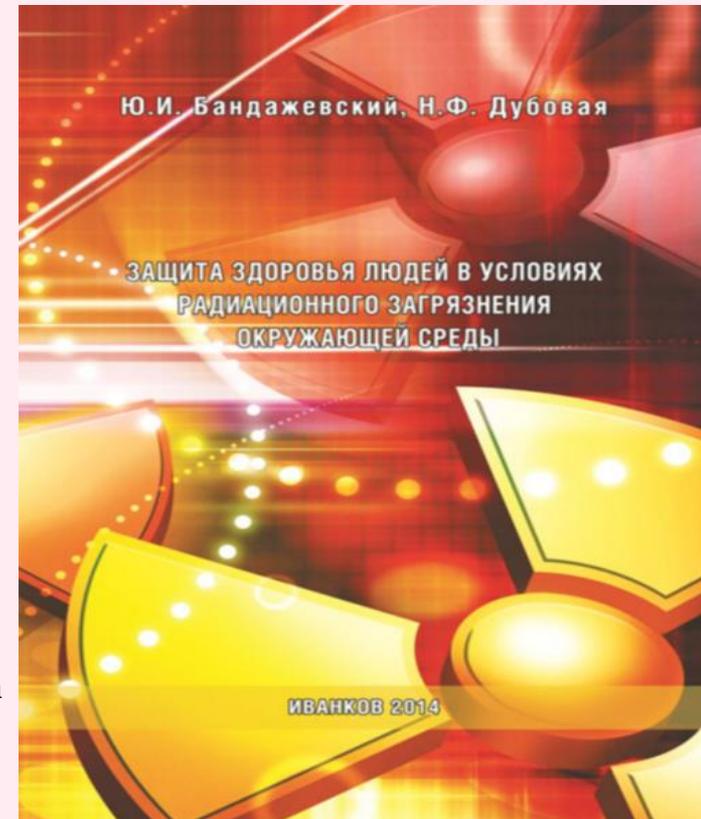


## LECTURES ARE CONDUCTED BY EXPERTS OF THE PROJECT – DOCTORS OF MEDICAL SCIENCES



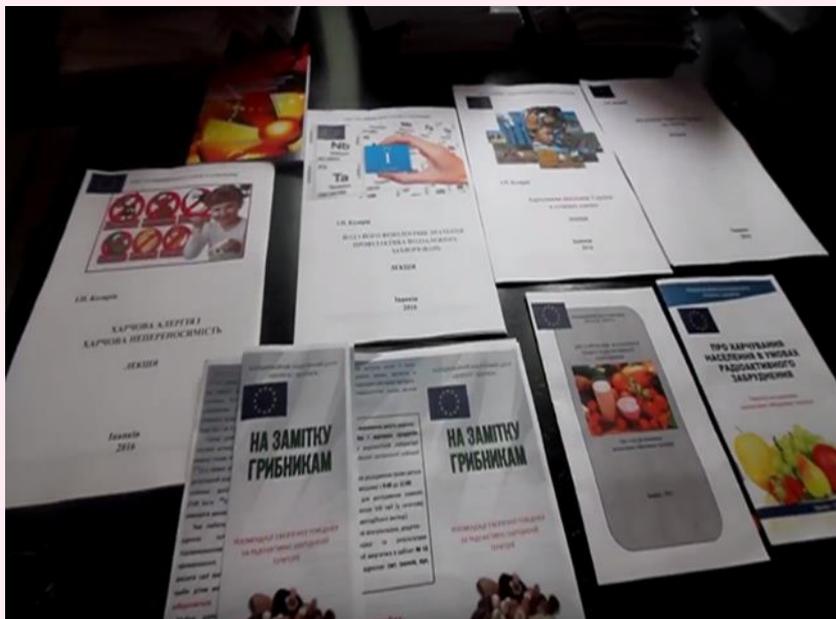
# **I** NFORMATION MATERIALS (PRINTED MATTER)

Scientific and  
practical collection  
«Chernobyl:  
Ecology and  
Health».  
Issue 1-6.



Recommendations  
for safe behavior in  
radioactively  
contaminated  
territories

Memos,  
Lectures



**Yu.I. Bandazhevsky, N.F. Dubovaya**  
**Protection of human health in terms of  
radiation pollution. – Ivankov: PI  
Coordination and Analytical Center  
«Ecology and health», - Dnipropetrovsk:  
Serednyak T.K., 2014. – 70 p. (ISBN 978-  
617-7257-08-9)**

*Bandazhevsky Yu.I., Dubovaya N.F., 2017*

# SCIENTIFIC PUBLICATIONS

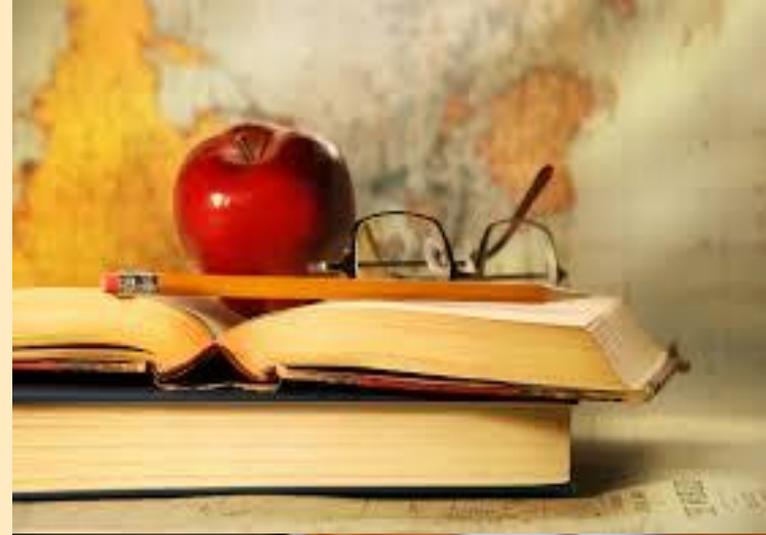
**The participants of the project published 71 scientific publications for the period 2013-2017.**

**Among them:**

**5 monographs (2 in Japan, 1 in Germany, 2 in Ukraine);**

**1 patent,**

**1 information sheet.**





Іванків: ПУ Координаційний  
аналітичний центр  
«Екологія і здоров'я»

Ivankov: PI Coordination  
and Analytical Center  
«Ecology and health».

0:09 / 16:54



# TO INFORM THE POPULATION OF IVANKIV AND POLESIE DISTRICTS, THE CENTER HAS PRODUCED VIDEO MATERIALS



ПОКАЗАТЬ ДРУГИЕ ВИДЕО

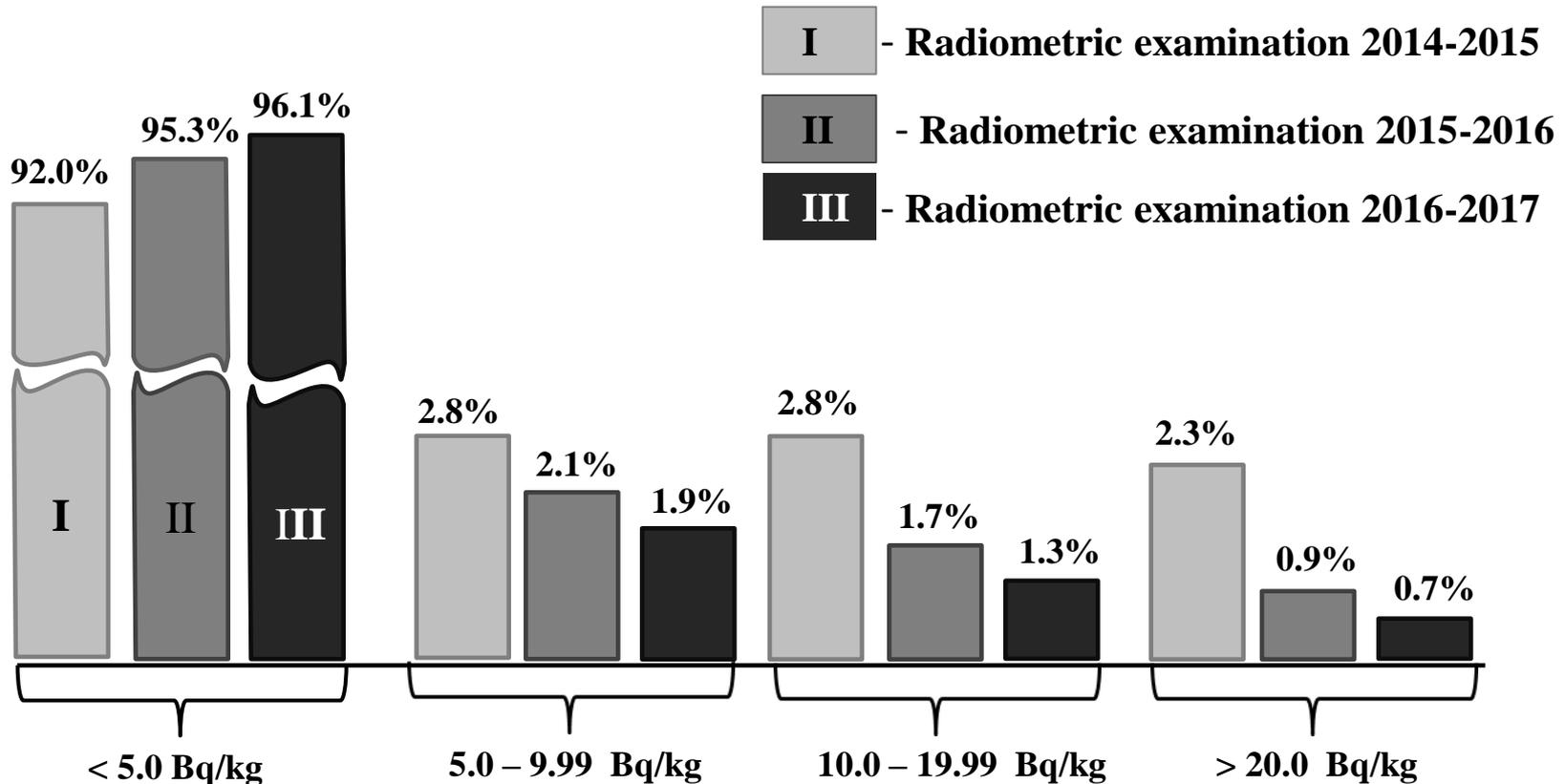


Member of a School  
Parents' Committee,  
Radynka village, Polesie district



*Children in a school  
dining room  
(Radynka village,  
Polesie district)*

# DISTRIBUTION OF CHILDREN WITH DIFFERENT LEVELS OF $^{137}\text{Cs}$ CONTENT IN THE ORGANISM (2014-2017)



- [1.98 – 307.29 Bq/kg]
  - [1.93 – 118.51 Bq/kg]
  - [1.91 – 111.48 Bq/kg]

A large, vibrant green leaf with prominent veins is positioned in the upper left and center. Below it, a cluster of bright red, glossy grapes is attached to a short stem. The background is plain white.

THANK YOU FOR ATTENTION

THANK YOU FOR ATTENTION