Perspectives on the Pandemic V:
A Conversation with Dr. Knut Wittkowski, PhD
New York, April 24, 2020

[00:00:15.12] **JOHN KIRBY:** So, Knut, our first interview has been seen by over 1.2 million people and received thousands of largely positive comments. It has also created some controversy, here and abroad, on a number of fronts, starting with allegations that you did not represent yourself accurately. Could you please introduce yourself again, and then tell us about some of what you've been dealing with on this front?

[00:00:39.09] **KNUT WITTKOWSKI:** So, I have had an academic career, originally in Germany, where I worked for 15 years with Klaus Dietz, one of the leading epidemiologists at the University of Tübingen. And then I came to New York, and was, for 20 years, with the Rockefeller University, heading the Department of Biostatistics, Epidemiology and Research Design at the Center for Clinical and Translational Science at the hospital. I apologize for being precise, but because I'm thrown dirt at, I have to be precise. I was never, and never claimed to be, a professor at the Rockefeller University, although, as I said, I had an academic career before. Now, people have corrected the factual problems they had with what I had said, because they mis-reported me, and that was Tagesschau, in Germany, which is the government-funded television station; it was also here, a similar situation with *USA Today*, where the so-called fact-finders started to throw dirt at me, and in particular, they said that I had, in my own words, misrepresented

myself as being a professor at the Rockefeller University, which I have never done.

[00:02:12.09] **KIRBY:** What do you think is behind all that reaction?

[00:02:17.04] **WITTKOWSKI:** Well, I think if somebody says something that you don't agree with - because you have a different opinion, because you are used to praising the government - and you cannot attack somebody for what he said, in terms of the facts, then you try to create a smoke screen of some allegations that are totally baseless, and use that to try and discredit somebody's credibility. But as we have seen now, and at least since yesterday in New York, the *New York Times* reported that at least 21% of the population are already immune. I think I am now vindicated, that what I said three weeks ago, when we had the first interview here, was correct.

[00:03:09.16] **KIRBY:** And that's 21% of the, the New York population, right?

[00:03:13.05] **WITTKOWSKI:** This is 21% of the New York City population of the sample that they took; that excludes all people who are known cases. That also was a test that was skewed to rather have false negative, than false positive tests, so the actual number, probably, was higher than that, and it was a couple of days ago. So, at this stage of an epidemic, the number of immune people increases constantly, and so it should, now, be much higher than it was then.

[00:03:48;14] **KIRBY:** I'm struck by the partisan nature of this discussion, where

any dissent from the accepted approach to the virus is dubbed as "Trumpian," or its analogues in other countries, with the only acceptable approach being what is billed as "the scientific consensus." But shouldn't science always be an open question, subject to revision, new evidence, and debate, irrespective of political party? And, I have to ask you, at this point, are you a Trump supporter, as some people have alleged? Is that why you've chosen to view the crisis as you do?

[00:04:21;11] **WITTKOWSKI:** No. I am not, and I have never made a political statement. I have never singled out one party, and I have never aligned myself with one party. I am a scientist. I am looking at data, and I'm interpreting the data to the best of my experience, and I have 35 years of that, so that sometimes helps.

[00:04:44;25] **KIRBY:** So, now, on to the important matters. So, you've already alluded to this, but how has your assessment of the epidemic been born out? And have there been other experts who have come to support your position?

[00:04:58;29] **WITTKOWSKI:** There are many people who are supporting my positions; one was on the same channel interviewed here, that's John Ioannidis. There are several people: Wolfgang Wodarg, in Germany, there's Sprague, there's Helms, there are several of them. But they are not favored by the media, because if you don't present bad news, that's not good news for the media. The media - only bad news is good news. So, three weeks ago, I was sitting here and had already published the manuscript showing that the epidemic would be over soon, that this

was just a regular flu, and no reason - that there was no reason whatsoever to close schools, and in particular, not to run the whole economy against the wall. The damage that was done to the economy is immense. And even if there had been a few more deaths than in a regular flu, which it wasn't, but even then, the huge damage done to the economy could not be justified by whatever was known, even at the time when people started with the so-called social distancing or the second prohibition, exactly 100 years after the first prohibition, and we already knew how effective the first prohibition was.

[00:06:38;19] You don't want to show me drinking-

[00:06:42;02] **KIRBY:** Yeah, no, no, no, it's okay. So, tell us about some of the numbers. What have you seen that bolsters your view?

[00:06:54;02] **WITTKOWSKI:** It is simply that the number of cases, even with a very liberal definition of what constitutes a case, is now dropping all over the world: in Europe and, well, it's over in China; it is over in Korea, and in most countries in Europe, it's also dropping; in others it's leveling, and will be dropping soon. It is dropping in the United States, so there is no indication anywhere this would get worse than a flu during the flu season. It happens that flus are during the flu season.

[00:07:37;19] **KIRBY:** One of your most intriguing contentions from our last interview was that peak infections had already been reached by the time containment was begun in a number of countries. Can you go over the evidence for that again and maybe you want to show the CDC graph right now?

[00:07:55;11] **WITTKOWSKI:** So, on the 17th, April the 17th, the Director of the CDC presented at the Presidential Briefing this graph that I am showing here. And this is data from the Influenza-Like Illness Reporting System, or ILINet, where hospitals make a checkmark, or count, how many patients show up and [are] having fever, sore throat, runny nose - any of those - and with an indication that this might be some sort of influenza or similar [illness]. And what you see, and he explained that, there are three peaks: One was in December 2019; the other was sometime in January-February 2020; and then a third peak, that was around March 18th, and that was COVID-19. So, if the number of admissions, or people showing up in a hospital, peaks around March 18th, that means that the number of infections must have occurred on March 8th.

[00:09:19;17] **KIRBY:** That's the top number of infections?

[00:09:21;24] **WITTKOWSKI:** Because it takes a week until you have symptoms. And you don't go to the hospital with the first symptoms. You say, "Oh, I have the flu. Oh, I have a cold. Whatever, it will be over soon," and then after three or four days, if it's not over, then you say, "Well, maybe it's something more serious," and then you go to the hospital. So, what we see around the 18th must have been events, or infections, that were around the 8th. And if the infections peaked around the 8th, shutting down schools, and restaurants, and the economy, about ten days later is something that is totally absurd. In particular, if you know that one week later, only one week, not ten days later, one week later

the curve was already clearly going down, indicating that the worst was already over. And if, in an epidemic, the worst is already over, to say, "Okay, let's shut down the economy and cause 26 million people [to] lose their jobs, because it's so fun seeing them losing their jobs," I think that is heartless.

[00:10:38;17] **KIRBY:** Okay, can we get that again? What was the condition of New York hospitals?

[00:10:44;09] **WITTKOWSKI:** They were not overflowing. New York hospitals were not overflowing. They were laying off people.

[00:10:51;00] **KIRBY:** And what happened with the Javits Center?

[00:10:53;14] **WITTKOWSKI:** Nothing.

[00:10:55;21] **KIRBY:** How many people were at the Javits?

[00:10:57;12] **WITTKOWSKI:** 300. 300 in the Javits Center and we were [...] figure 65, 64, 186 people in the ship, the Navy ship that came here. So, if it's a total of 500 patients, 500 patients are a drop in the bucket in the New York City hospital system.

[00:11:25;10] **KIRBY:** So, the ship was not necessary?

[00:11:26;17] **WITTKOWSKI:** No. If we had enough respirators...

[00:11:32;27] **KIRBY:** And respirators may not have been the solution.

[00:11:36;08] **WITTKOWSKI:** That may have been unfortunate for the patients, that there were so many respirators, but that's a different story.

[00:11:43;28] **KIRBY:** Yeah. That red graph, that was peak hospitalizations, right?

[00:11:50;05] **WITTKOWSKI:** That was admissions to the hospital or people showing up in hospitals.

[00:11:55;23] **KIRBY:** So, we're saying that that happened, as a nation-wide average, on March 18th?

[00:12:00;06] **WITTKOWSKI:** Yeah.

[00:12:01;25] **KIRBY:** And the lockdown in New York occurred on March 18th. So, is there any reason why public health officials, people like Redfield, or Fauci, or any of these people, would not have been able to understand that they were at the top of a peak? Or, as soon as they, the next day, saw that the rate of admissions was going down, I mean, what do you make of that?

[00:12:25;27] **WITTKOWSKI:** I have no clue. And other countries play an even more important role here, in the United States, because the United States was one week behind Europe. It took for the virus, about a week to get from Europe here to the United States, so we could also already see what the epidemic was in Europe, and that it had already peaked

in some European countries. And a virus doesn't behave differently in the United States than it did in Europe. So, one could, one had a lot of evidence that the virus would do, in the United States: exactly what it had done in China, and in South Korea. It would peak, go down, and be over, be done with. Without any intervention. Because the intervention in China came too late, they didn't know yet what was going on. And in the South Korean government is very proud to treat people as a government in a democracy should, not to impose restrictions on people that are not absolutely necessary. So, South Korea, like Sweden, and Iceland, and Belarus, they, and other countries, did not do what the United States did, and that is shut down the country and tell people to stay at home, create a lock-down of the whole society.

[00:14:00;24] **KIRBY:** But they did - South Korea did do a lot of, sort of, Orwellian contact tracing, didn't they?

[00:14:07;01] **WITTKOWSKI:** That's not Orwellian. Contact tracing, so following those who are cases, and seeing what their contacts is, are things that have always been done to control epidemics. That was very successful, also, with smallpox. That is a reasonable thing to do. But to say that children should stay at home and can't go to school, that people cannot go out and eat, should not meet - all of these things are not reasonable.

[00:14:40;25] **KIRBY:** Dr. Ioannidis feels like Neil Ferguson and people who

modeled like Neil Ferguson, could have made this - this could just be a big mistake, just a, kind of a, mathematical disaster, but an honest mistake. Is your feeling that this could all have been an honest mistake?

[00:15:03;17] **WITTKOWSKI:** No.

[00:15:05;02] **KIRBY:** Ferguson's numbers stood until the Oxford study challenged him. He came out the next day and said, "I've reduced my estimate from 500,000 in the UK to 20,000. But this is because of social distancing." He must know better than to say that, no?

[00:15:29;24] **WITTKOWSKI:** I don't know his personality.

[00:15:31;23] **KIRBY:** Okay.

[00:15:32;13] **WITTKOWSKI:** To know better means you have to question yourself, and some people are not capable of doing that. And that is dangerous.

[00:15:43;08] **KIRBY:** It just seems so incredibly, obviously disingenuous, even to a lay person, to say that "Oh, my model has changed, but it's because we were so good," in one day (because social distancing had only happened for one day), and he was saying, it's because I can - maybe, I tell we're *going to be* so good, I mean, and therefore that's why - I mean, it just doesn't make a damn bit of sense.

[00:16:09;22] **WITTKOWSKI:** It does not make any sense.

[00:16:14;16] **KIRBY:** What could have inspired Neil Ferguson to make the estimates that he made?

[00:16:21;03] **WITTKOWSKI:** I don't – I have no clue. And I don't like to engage in conspiracy theories. So, if you have a model that gives results that contradict everything else, then you contact your colleagues. You say, "Send me your model. Let me try it. Let me compare what we have. Where are we in agreement? And what is it that makes my model different from yours?" This is how science works - we all make mistakes. But we don't present the results without first double-checking with what other people think and what other models say. Because, as a scientist, you know you are humans. We always make mistakes-

[00:17:25;17] **KIRBY:** And it would seem-

[00:17:26;17] **WITTKOWSKI:** But we check for it, and we know how to check for it.

[00:17:28;26] **KIRBY:** And it would seem that this, in particular, was a moment that required a very careful checking, and very careful peer review, but the WHO comes up with this 3.4%, and then Ferguson's numbers are...I don't know what the percentage he was thinking of was, but it meant 2 million dead in the United States, and 500,000 in the UK.

[00:17:52;05] **WITTKOWSKI:** Okay. Frankenson came out with things that were totally off the chart. And if your results are totally off the chart, you double-check them.

[00:18:05;27] **KIRBY:** You're talking about Ferguson?

[00:18:07;25] **WITTKOWSKI:** Yeah.

[00:18:08;13] **KIRBY:** You said Frankenson. Okay.

[00:18:09;21] **WITTKOWSKI:** Oh, sorry.

[00:18:10;20] **KIRBY:** So, say that again. "Ferguson-" Ferguson.

[00:18:12;27] **WITTKOWSKI:** It's okay. No, no. leave it.

[00:18:16;03] **KIRBY:** Leave it. Okay.

[00:18:18;01] **LIBBY:** *Frankenstein*.

[00:18:18;27] **KIRBY:** Yeah, right. Okay.

[00:18:20;28] **WITTKOWSKI:** But this double-checking has never happened with these models, because you don't - you are not off by several orders of magnitude; you're off by 10-20-30%, 50%! But that is two orders of, *more than* two orders of magnitude. Even the best social-distancing cannot change something by two orders of magnitude. That would

mean you have to put each person in a negative pressure room and isolate them there. Yes, if you do that for all 10 million people in New York, you put them a negative pressure room, then you can achieve a major difference. Otherwise, you cannot. Everything you can achieve is a gradual change and we see that now with the data that we get from the, published now, in the *New York Times*. We still have spread of the virus. It may be somewhat less, but it's not enough for two orders of magnitude in the results.

[00:19:44;07] **KIRBY:** Would it have been easy for public health officials to predict, based on prior experiences with economic depressions, that the lockdown would cause more excess death than the virus? I mean, in terms of suicide, like -

[00:20:00;07] **WITTKOWSKI:** It was known to everybody that the lockdown would cause a catastrophe, there is no question. If you shut down the economy of the United States and other countries in the western world, that this is creating hardship at a scale that is difficult to imagine. And we don't see it yet. So, we don't have - I haven't seen, for instance, data on suicides yet. So, we don't see - we have seen 26 million people in the United States losing their job, and we see a lot of businesses going bankrupt.

[00:20:47;16] There is substantial spread of virus, despite all of that distancing. It may be that some people are actually beginning to start thinking, because, if the virus is spreading with all this distancing, how effective is the distancing? It's not effective! It's not doing it. It's slowing down the spread. But it's not preventing it.

[00:21:26;16] **KIRBY:** But, what they would say to you is, didn't that help ease the strain on our healthcare system? That that was the point, to slow down the spread.

[00:21:36;08] **WITTKOWSKI:** Where is the strain on our healthcare system?

[00:21:38;13] **KIRBY:** Well, they would say that we did this distancing, and therefore, there was no strain.

[00:21:43;07] **WITTKOWSKI:** The sky didn't fall down.

[00:21:45;09] **KIRBY:** Well, but how would you seriously answer that?

[00:21:48;10] **WITTKOWSKI:** Isolating the nursing homes would be the thing that would have prevented death and would have prevented hospitals from becoming overloaded. Not letting children and young adults become infected and develop immunity does not reduce the risk or the load on hospitals.

[00:22:20;11] **KIRBY:** Back to some epidemiology: Professor Isaac Ben-Israel, of Tel Aviv University, has recently claimed that the virus is self-limiting, peaking after 40 days and then rapidly declining, largely vanishing after 70 days, no matter what interventions are put in place. Does that make sense to you and why would that happen?

[00:22:39;13] **WITTKOWSKI:** Every respiratory disease virus does that. And that

is, simply: it spreads; people get infected or exposed, mostly without having symptoms; they become immune; eventually more people are immune than susceptible; and at that point in time, the epidemic goes down and ends after a couple of weeks.

[00:23:06;03] **KIRBY:** But, does that happen even if you don't infect 80% of a population?

[00:23:12;14] **WITTKOWSKI:** This is how humankind has survived the last maybe 100,000 years.

[00:23:17;26] **KIRBY:** But back in March, back in before mid-March, or let's take what you say is the peak, the peak in hospital admissions is the 18th, and so the peak of infections must have been earlier than the 18th, and would we have, at the point of peak infection, and it starts to fall, is that the point of herd immunity? Or does that mean that herd immunity is approaching? What does that mean in terms of-

[00:23:49;04] **WITTKOWSKI:** Approaching.

[00:23:49;29] **KIRBY:** It means it's approaching.

[00:23:50;12] **WITTKOWSKI:** So, herd immunity - we're talking [of] herd immunity as the state where no imported infection causes secondary infections anymore, that is herd immunity. But what we are seeing here, is herd immunity building: we are approaching herd immunity, as we see the proportion of people who are immune increasing. And

what is actually needed…. Three weeks ago, I said 80%. It depends on that basic reproduction number R0, which we don't know. It could well be that R0 is a bit lower than the 2.2 that I assumed at that point in time - maybe it's only 1.8 and then we need only 60 or 70% - but the important thing is, that the process had already started, very early on. That is common knowledge. This is what happens with all respiratory diseases. So, even if there is a flu that we don't have a vaccine against, it comes, stays for 2, 3, 4 weeks, and is gone. So, I think he's very pessimistic to say 70 days; that includes the very ends, where we don't really see anything, if we look, and to the period where we actually see cases. That's more - I would say it's half that time. But it doesn't really matter, because, in principle, we all, all epidemiologists agree on that. I couldn't say, I wouldn't know anybody who would disagree that this is how respiratory diseases get into a population, spread, and get extinguished.

[00:25:41;10] **KIRBY:** Since you mentioned the R0 value, I have a missive here from a science teacher in England. Is he right to say that an R0 of 2.2 needs about 55% resistant people to have herd immunity? Or - in other words, you need less people with an R0 of 2.2?

[00:26:06;07] **WITTKOWSKI:** I don't want to go there because part of the problem is that these calculations assume that you have a homogenous population, and the population isn't homogenous. And if you want to do something in a non-homogenous population, then things change a bit, but not fundamentally. The important thing is, you don't need to do anything to prevent disease from running - a respiratory disease -

from running. What you should do, however, and what was not done in the United States, is to protect the elderly. From the experience in Italy, we already knew that the vast majority of people who die are people in their 70's, 80's and 90's who have comorbidities. So that was nothing new when it also happened in Seattle. We had the very early experience, in Seattle, of a couple of people, old people with comorbidities, dying in a nursing home. At that point in time, one should have isolated at least the nursing homes. Pay the nurses and everybody working there overtime so that they can stay there for three or four weeks. Sorry, my voice is breaking because I think that is a tragedy. This opportunity was missed. Instead, people were isolating the children, while not at risk at all.

[00:27:49;00] You still don't really know whether children are infected or not, and if they are infected, they never, or virtually never, develop a phenotype. To isolate those who are not at risk, and put those at risk who are at risk, is a catastrophe. It's a human catastrophe that should never, ever have happened. And if people say they don't have money for that, for 2 trillion dollars you can pay a lot of overtime. You could have made all of these people millionaires, and there would be a lot of money left, and we would have really protected the virus from getting into the nursing homes and killing those who are the most vulnerable.

[00:28:43;16] **KIRBY:** All we've really done, you're suggesting, in addition to not adequately protecting the old, we have slowed the spread of herd immunity.

[00:28:55;09] **WITTKOWSKI:** Yes. And that means we have increased the risk of the elderly to become infected, because you cannot isolate yourself for extended periods of time. Isolation for a short period of time is easy, but for a long period of time, it's just human - grandparents want to see their grandchildren.

[00:29:26;07] **KIRBY:** So, now, they're going to be in a situation where, because herd immunity has not fully developed, they'll come back out into the world and the virus will still be there?

[00:29:36;01] **WITTKOWSKI:** The virus is still around. So, we still have to isolate the elderly. We are no more better, so the time that has passed is wasted. You still have to do, actually, we have to do more, because the epidemic that is coming now will be not so high, but wider. So, the time the elderly and the nursing homes have to be isolated would be more than it otherwise would have been.

[00:30:21;07] **KIRBY:** Is there no way around that?

[00:30:23;15] **WITTKOWSKI:** No. The only thing we have to do is to do what we should have done in the first place: keep the schools open, keep the businesses open, and isolate the elderly.

[00:30:40;07] **KIRBY:** And the immune-compromised.

[00:30:42;07] **WITTKOWSKI:** And the immune-compromised, yes.

[00:30:44;02] **KIRBY:** Okay. You know people are always-

[00:30:48;28] **WITTKOWSKI:** It's just time wasted. We have wasted a lot of time, a lot of money, a lot of lives, a lot of everything.

[00:31:01;17] **KIRBY:** What about people who are not - who are under 65, who have preexisting conditions, or maybe conditions they are not even aware of? So, what do you say, how do you address those issues? Or, how do you address […] the college professors? If we kept the colleges open, the college professors are often older, so, how would you address situations like that?

[00:31:28;19] **WITTKOWSKI:** Healthy elderly people, including Prince Charles, have done reasonably well. It is the existence of comorbidities, in addition to being old, that really causes a problem. And we are - for instance, I have asthma, but my asthma is very well controlled, so I'm not really scared. But if somebody has more severe forms of asthma, that might be a factor. But, those people who have these conditions are aware of it. It's not that you have a severe problem with your health and you have no clue about it. That would be extremely rare.

[00:32:08;22] **KIRBY:** And among young children, I mean...respiratory viruses can be very dangerous for them, can't they?

[00:32:17;00] **WITTKOWSKI:** Not really. At least they may - sometimes there is

a virus that effects younger people as well. I'm not aware of children - one thing that we have with children is, they have innate immunity because they didn't have time or the experience to build up the adaptive immunity, where we have antibodies against specific diseases. They have an immune system that is primed to be exposed to diseases or viruses [that] they don't have immunity against, and they typically do well with it. So the childhood diseases are not causing that many problems. We are not vaccinating children for rubella because rubella is such a bad disease for children. We are vaccinating children against rubella because we don't want women of child-, who are pregnant, to become infected without having immunity and then having the side-effects or the effects that Agatha Christie described in her book, *The Mirror Crack'd from Side to Side*.

[00:33:35;00] **KIRBY:** In yesterday's press conference, one of your suggestions seems to have been picked up by the President's advisors, namely that sunshine, heat, and being outdoors may "kill" the virus. But Bill Gates, in his latest pandemic memo, says "Almost all respiratory viruses, a group that includes COVID-19, are seasonal. This would mean there are fewer infections in the summer, which might lull us into complacency when the fall comes. This is a matter of degree, because we see the novel coronavirus spreading in Australia, and other places in the Southern Hemisphere, where the seasons are the opposite of ours. We already know the virus is not as seasonal as influenza is." What do you say to that?

[00:34:23;04] **WITTKOWSKI:** It does not really matter whether it is so seasonal

or not. It seems to be seasonal in the Northern Hemisphere. What's happening right now in Australia - I didn't expect that either, but there was an epidemic - but it didn't last very long either, and ended. The important thing is: wherever a respiratory disease spreads, it doesn't last very long. As the - my colleague, Ben-Israel said, it vanishes after a predictable, relatively short period of time, and that is, [it] doesn't have anything to do with the weather. It is true that most epidemics start when it is cold, in the winter. But that doesn't mean it couldn't be, under certain circumstances, also be in the summer. We don't know.

[00:35:22;25] **KIRBY:** Well, Bill Gates is not a doctor or an epidemiologist. And, incidentally, I think it should be mentioned, his computer operating system—

[00:35:31;21] **WITTKOWSKI:** Well, he knows a lot about spreading operating systems.

[00:35:36;23] **KIRBY:** Which are, themselves, notoriously susceptible to viruses. Do you have any thoughts about why the world seems to be following his lead in this crisis?

[00:35:48;16] **WITTKOWSKI:** I had never heard of him as, and never read any publications on epidemiology by Bill Gates, but maybe I overlooked some of his qualifications.

[00:36:05;25] **KIRBY:** But, why is he on the news every night, telling us what we

should be doing and how - well, let me say something else that he says. He says that, "every additional month that it takes to get the vaccine is a month when the economy cannot return to normal." Do you agree with that statement?

[00:36:27;09] **WITTKOWSKI:** No. It's absurd. It has nothing to do with reality. No epidemiologist would ever say anything like - with one example, we have one person, who calls himself an epidemiologist, and is seen as an epidemiologist in Britain, who makes statements like that as well.

[00:36:49;10] **KIRBY:** You're talking about Neil Ferguson?

[00:36:50;25] **WITTKOWSKI:** Yes. I'm talking about Neil Ferguson.

[00:36:55;22] **WITTKOWSKI:** The virus is gone. What do we need a vaccine for?

[00:37:02;23] **KIRBY:** And you're pro-vaccine, right? You're not an anti-vaccine?

[00:37:05;10] **WITTKOWSKI:** I'm not anti-vaccine. I'm taking vaccine shots every year, and if there should be a vaccine around for the coronavirus, I would take it too, if it's tested and shown to be safe. I don't see any reason not to take it. But here we have a particular virus that stays in the population, as all respiratory disease viruses do, for a couple of weeks and then it's gone. Why should we change our behavior forever? Doesn’t make sense.

[00:37:38;26] **KIRBY:** And we don't require a vaccine to get out of it?

[00:37:42;02] **WITTKOWSKI:** We don't need a vaccine to get out of it. We don't - sorry for Bill Gates - but we don't need a vaccine. It is nice to have it in case this virus should come back again and if we then have a vaccine that will be nice. Do we need it right now? No. We don't need a vaccine because we see already herd immunity developing and in two or three weeks or maybe already now, we have herd immunity and it's over.

[00:38:20;23] **KIRBY:** Bill Gates, Trump, Doctors Fauci and Burke, and Neil Ferguson, of Imperial College, believe the lockdowns were necessary. Trump reiterated, again, this week that 1 to 2 million people would have died in this country were it not for the lockdown. On the other hand, you have people like renowned German infectious disease expert Dr. Sushari Bakti - is that how you pronounce his name - who called Germany's anti-COVID measures, "grotesque, absurd, and very dangerous. The life expectancy of millions is being shattered." He referred to the impact on the world economy as horrifying and said, "All these measures are leading to self-destruction and collective suicide based on nothing but a spook." I know we have just covered this, but I should just ask you, which of those two positions do you agree with and why?

[00:39:07;03] **WITTKOWSKI:** I agree with him whole-heartedly. I agree with the Swedish government. I agree with John Ioannidis. I agree with most people that I have read about, with Ben-Israel. I don't know where the

government finds these so-called experts that obviously do not understand the very basics of epidemiology.

[00:39:46;12] **KIRBY:** We've already spoken about New York. There are two other important studies that have occurred recently, one in Santa Clara County, in California, and the other in L.A. County. The Santa Clara study indicated - and these are antibody serology tests, and if you could maybe, when I finish, explain what those are - but they indicated that something like 50-85 times the reported cases had likely been infected, usually asymptomatically. I am just wondering if you could comment on their tests and what it means for the rest of the country.

[00:40:23;18] **WITTKOWSKI:** As we have seen now, the first, I think, was in Germany, in one of the hardest hit cities, in Heimsheim, where a study was done - that was about three weeks ago, if I remember right, where they had 15% seropositive. Then, a week later, we had the data from California, that was 5%; now we have those here in New York at 21%. We have evidence everywhere in the world where it was tested, that there is - people are developing antibodies. Now, you were asking what that means. It means that people are getting infected; the virus gets into some cells; the cells are expressing some of the virus DNA on their surface; this gets read by the immune system; the immune system takes about a week to create antibodies; the antibodies then bind against the cells that are expressing this virus DNA or RNA, and then these cells get all killed by the immune system, which is causing the phenotype that we experience. That is what's causing the sore throat, the coughing, and all the effects that we see. It's not the virus

itself, it's the immune system, the cytokine storm, whatever you call it, that is attacking cells and over-attacking cells that are infected, and that's causing the problems.

[00:42:09;21] **KIRBY:** Why wouldn't the government, the federal government, have conducted randomized serology tests much earlier?

[00:42:17;12] **WITTKOWSKI:** That would have been reasonable.

[00:42:22;25] **KIRBY:** Can you imagine any reasonable reason why they wouldn't have?

[00:42:29;24] **WITTKOWSKI:** I'm not sure that this particular antibody test was available at that particular time. However, I think if the efforts in doing PCR tests for active virus had been spent on antibodies, we would have been able to do policy decisions much earlier. We would have the data. It's one of the examples, I mentioned that in the last talk, there is a fundamental difference [in] how physicians and epidemiologists think. A physician sees the individual patient and wants to do the best for this patient, and thinks, "Well, it would be good to know if that patient is actually infected by a particular virus." Not that it would make much of a difference anyway, but it would be nice to know, and I understand that. An epidemiologist would say, "We want to know how many, which proportion of the population has already developed antibodies, and so is immune against the virus, so that we know what policy decisions should be made." Is it necessary to shut down the country, or is it not necessary? And this is where you

need antibody tests. So, the virus tests and antibody tests serve different purposes, and you need people with a different profession and experience to make sure that both sides are being heard.

[00:44:03;03] This flu was no different from other flus. Why should we suddenly say, "Oh, now we have to change our life forever?"

[00:44:16;14] **KIRBY:** But what about people who say it's much more intensive? And the effects, there are two things: one, that it seemed to hit, in particular, a place like New York, all at once, very hard; and then, it seemed to have ill-effects that were in some ways scarier than the flu, whereas, like, maybe perhaps, less of a recovery rate. What do you say to that objection? That this was different in those ways?

[00:44:46;17] **WITTKOWSKI:** We have no indication that it is different, fundamentally different, from any other flu. The New York hospital system was quite capable of dealing with it. The hospital ship, the Javits Center, all of that was unnecessary. We had enough respirators, there was no - people were afraid that something might happen. But it never happened.

[00:45:18;10] **KIRBY:** Though, you hear from doctors who've been dealing with this, and nurses, and they are telling, you know, very difficult stories to hear. Very, you know, sad stories about what's been going on.

[00:45:33;25] **WITTKOWSKI:** You always have individual places somewhere, where some individuals experience something dramatic - that happens. And the bad thing is that, for the media, only a bad story is

a good story, so they pick these isolated events of personal and highly-emotional experiences. And I don't say it's not there, but it's not representative. It's not typical. Tragic stories happen all the time. Some here, some there. It happens, but we don't stop living our life because, in one place or another, something goes wrong. We learn from it and we try to prevent it from happening again. But we are not saying, "Oh no. Now we have to change our entire life because there was a flu during the flu season."

[00:46:49;01] **KIRBY:** Very confusing.

[00:46:53;00] **WITTKOWSKI:** Why? I'm not confused.

[00:46:55;08] **KIRBY:** No, it's very confusing...I mean, it's very confusing why we're having this response to what should be a seasonal event.

[00:47:08;14] **WITTKOWSKI:** I think it is a side-effect of the internet, of rumors spreading on the internet at a speed that is unprecedented, and the normal controlled mechanisms to do factual checks, real factual checks, don't work at that speed, at least not at *that* speed. And so, there is a lot more fear, and fear is something that is dangerous.

[00:47:43;20] **KIRBY:** As bleak as that interpretation is, it's very generous to the many groups that are going to benefit from this event, like the people being bailed out on Wall Street.

[00:47:56;27] **WITTKOWSKI:** I'm sure some people benefitted from it. I mean,

there were some people [who] knew in advance what was happening, and, I mean, there was that critical period, in March, where the President got advice from different people, and some people who gave the advice may have had some knowledge that other people did not have, and therefore the ability to act on that knowledge.

[00:48:35;11] **KIRBY:** Well, who's going to benefit from this idea that life can never be the same again? Who benefits from that?

[00:48:44;11] **WITTKOWSKI:** I don't know. So, I can see people benefitting, and we say, "Okay, we just convinced the President that the market is, the stock market, is going up. If the economy is shut down, and at the same time we shorten, and then we benefit from our shortening." I can see that, but I don't see how somebody benefits from saying, "Well, now we have to change our entire life."

[00:49:16;15] **KIRBY:** What about Fauci saying we should never shake hands again? What do you think of that?

[00:49:24;15] **WITTKOWSKI:** It's bullshit. But, even there, I cannot see who benefits from not shaking hands. Yes, a few viruses are not being transmitted, so in the end, we would have a bit less flu infections, if we are not shaking hands anymore, big deal. Because so far, we have survived hand shaking, and we probably would survive handshaking for another few thousand years.

[00:50:00;11] **KIRBY:** But it's very sad to think that certain - like, ritual forms of

human contact…. I mean, in Europe, cheek-kissing and these things - they seem to be under attack, this new normal.

[00:50:16;24] **WITTKOWSKI:** I mean, even Dr. Strangelove was concerned about the exchange of bodily fluids. And I could see that becoming a problem. And maybe we should totally abolish this. And therefore, abolish the existence of the human race, just because we had a flu here.

[00:50:40;11] **KIRBY:** Let's talk about the case of Sweden. Most of the reporting in the major media would tend to suggest that it has been reckless in its approach, and a failure, yet we just received a report from a Swedish American reporter that at their most recent press conference, the Chief Medical Officer said, "The curve is very flat, really since the beginning of April, and that's very good news. It's very good news. There's no rise in cases in Stockholm at all." So, what do you make of the Swedish approach and what does it tell us now?

[00:51:16;05] **WITTKOWSKI:** The Swedish approach tells us that this respiratory disease epidemic behaves like every other respiratory disease epidemic and does not require the draconian measures that were taken in many countries in the world. What is happening in Sweden is not fundamentally different from what's happening in the United States. Whether it's a bit higher or a bit lower, it doesn't make that much of a difference. At least in Sweden, people didn't get unemployed, they didn’t run their economy against the wall, and neither did China. So, I think China will have a huge benefit from the United States running

their economy against the wall, because now China has the opportunity to benefit.

[00:52:07;23] **KIRBY:** You spoke last time about the lockdown virtually guaranteeing a second wave. In the Swedish press conference, which we've translated, thanks to the reporting of Celia Farber, the Health Minister said something that struck me along those same lines. He said, "You're talking about countries that have been under lockdown. When you do lockdown, it's always a worry when you've had total lockdown that you'll get a sudden spike of very many cases and many people who weren't infected will be hit. In Sweden, we've had a low spread the whole time. Probably also in the schools, which means we don't have to worry about these spikes." So, what does that mean for us, that we have had this sort of lockdown, in terms of getting out? Are we going to see these spikes? Are we going to see extra waves because of this lockdown?

[00:53:00;26] **WITTKOWSKI:** Three weeks ago, that was something I was afraid of, that it might happen. What we now see is, people got infected nonetheless. So, we now have at least 25% in New York who are already immune. So, even if we just stop right away, having 25% in the population immune is a very effective barrier against a fast spread. So, we may see a rebound, but the rebound will be very low, and take some time. So, we will have a flat curve of rebound that will not have any major impact on health or any other indicators.

[00:53:51;04] **KIRBY:** Of course, we're being told that we do not know whether

having the antibodies makes you immune. Doesn't that seem to sort of fly in the face of most immunology and indeed the whole basis for vaccination?

[00:54:06;01] **WITTKOWSKI:** I don't know if I'm jumping out of the window, if I will die as soon as I hit the street. I don't know because I haven't done it yet. But, experience tells that most people who jump out of the window from the 4th, 5th, or 6th floor die. And this is the same situation here. We know what all other respiratory viruses did and there is no reason to believe that this respiratory virus will be fundamentally different from any other respiratory virus, including the coronaviruses that we are very well aware of.

[00:54:45;22] What I find strange and totally illogical, is that there is now this mantra that, “we will never go back to where we were before.” And I think about it and I say, "Why not?" If the virus is gone, we can go back, like Camus in *The Plague*. It's over, we go back to normal. Why are people talking about, "Well, it will never be like it was before?" I don't see any reason. There was a plague, it was terrible, it's over. Let's go back and have a life.

[00:55:40;04] **KIRBY:** I mean, why-why do you think they're saying it?

[00:55:44;19] **WITTKOWSKI:** I have no clue. The only thing I know is, it does not make any sense. You, if you think social distancing makes sense during the time where the virus is around, I disagree, but if you think so, fine. Then, do the social distancing while the virus is around. But if the virus is gone, why continue? Why not go back to normal?

[00:56:20;10] **KIRBY:** You made reference last time to ostensible COVID deaths being “found in a shoebox,” as it were, in France and Germany, which added deceptively to the sense of a spike in cases. Recently, we in New York, were told that 4,000 we'll call them "ostensible COVID deaths" were added to the rolls. First of all, what do you think of that procedure and how they went about doing it? We were assured this is making it more accurate, but it seemed somewhat arbitrary to - what do you think?

[00:56:52;05] **WITTKOWSKI:** I haven't seen another place where the data is so chaotic as in New York, with the potential exception of Germany, which also screwed up a lot.

[00:57:04;23] **KIRBY:** What do you make of the CDC and the WHO guidance to assume COVID-19 when coding deaths?

[00:57:12;24] **WITTKOWSKI:** This is one way to artificially inflate numbers, to give the politicians a bit of...to cover their *gluteus maximus*. I don't see any other reason why you should call something something that it isn't on the death certificate.

[00:57:35;25] **KIRBY:** Or something that you don't know, if you don't know what it is-

[00:57:38;19] **WITTKOWSKI:** Then you say you don't know.

[00:57:40;18] **KIRBY:** So, that leads us to ask, theoretically, can the appearance of a pandemic be created by nothing more than flawed or even possibly rigged tests and non-standard death coding procedures? Is it possible that this may have happened in the case of COVID-19?

[00:58:00;19] **WITTKOWSKI:** Okay. I'm not…. I have to admit. I'm not quite sure what the current definition of a "pandemic" is, because that also changed recently. But, it is a disease that spreads across ten world, so you could say, "Yeah, it is a pandemic." The question is not whether there is a pandemic. The question is: what are we going to do about it, or not?

[00:58:24;24] **KIRBY:** Fair enough. So, we agree that there is something that's novel, a novel coronavirus of some kind is spreading, but it does seem that, given these coding procedures, and given some of the problems with the PCR testing, including contaminated tests, etc., that it is possible that the numbers associated with the pandemic are very, very different than what they really are.

[00:58:51;08] **WITTKOWSKI:** Now, first let me comment on the "novel virus." Every virus that spreads is "novel." If it were not novel, it would not spread, because then we would have antibodies against it. So, having a novel virus is nothing novel. It is just routine. It happens every year. This year, we had three waves of viruses, and yes, they were different types of virus, but if you look into this more carefully, you will see that the influenza B and the influenza A epidemics that we had prior

to having the COVID epidemic were probably also caused by novel variants of these viruses.

[00:59:43;29] **KIRBY:** Is this virus any more contagious than influenza?

[00:59:51;04] **WITTKOWSKI:** We have no evidence that there are any fundamental differences in infectivity. The only evidence, or the only finding is that, in some countries' cases, it seems this virus is more lethal to the elderly than other, than influenza viruses typically are, and that might well be...

[01:00:18;07] **KIRBY:** Is there any science behind the actual numbers in social distancing? You know, 6 feet as opposed to 7 or 5 or, in terms of…? And wearing masks? And, you know, no cash, things like that? Is there-is there science? What is the science behind that, as far as you know?

[01:00:40;07] **WITTKOWSKI:** Well, every statement about an empty set is true.

[01:00:45;07] **KIRBY:** That's gotta be an epidemiological joke-

[01:00:48;12] **WITTKOWSKI:** No, that's a mathematical joke. That is, there is no science. So, you can say anything about science, but there is none. We don't have any science that tells us how effective social distancing is, we have no comparison. The only comparison that we have is the comparison that, in countries like Sweden, like Iceland, like South Korea, like Belarus, that it doesn't seem to be much different. So,

whatever the effect is, it's unlikely to have any major impact. I knew all that.

[01:01:32;27] If people would be more active, if they would take part in political decisions, if they would be more awake, if they would fight for their democratic rights, this would never have happened. It's a failure of the people to take control of the government, and let the government take control of them.

[01:02:06;26] **KIRBY:** Let me ask you the final question then. What should we do right now? I mean, it seems that the flatter the curve gets, and the less deaths there are, the more lockdown measures are being put in place. We were just asked by our mayor to inform on citizens who were not practicing social distancing. It seems that, you know, we're now being asked to wear masks on the street, no matter what we're doing. What do you make of all this, and how should we respond?

[01:02:41;12] **WITTKOWSKI:** It's ridiculous. So, what we should do immediately, now that we know that we already have developed herd immunity, in spite of the social distancing, at least to some level? We have immunity in a quite relevant portion of the population, we should open schools and businesses *yesterday*, at the latest! There is no reason whatsoever to wait. The worst thing that could happen is, we get a bit of a rebound that will not be catastrophic, that will not overload the hospitals, it will be less than we had so far. That could happen. But everything else that we do is a lot worse than what could happen if we, let's say, have another 10-20,000 cases. Could be. It's not the end of the world. We should go back to be[ing] a strong economy, to work,

to have a social life, to let children be educated, do everything our society should do. And that lockdown is...there is no benefit. It has only negative effects.

[01:04:17;28] **KIRBY:** Thank you.